

Lansvale Public School

Newsletter

12th May 2023 Week 3



Principal Report

= Term 2, Week 3








Welcome back!

I hope all of our friends and families had a wonderful Easter break. We were very excited to welcome everyone back on Wednesday 26th April. I am looking forward to another wonderful 10 weeks of learning at Lansvale Public School. Lots of fun will take place this term, with families receiving student reports towards the end of the term as well as our 3-way conferences.



- *Welcome back*
- *Easter Hat Parade*
- *Happy Eid*
- *Cambodian New Year*
- *Mothers' Day*
- *ANZAC Day Assembly*
- *SDD-Term 2*
- *Winter Uniform*
- *Applying for Year 5 entry to an opportunity class in 2024*
- *Calendar*
- *Marvellous Moments with Mrs Karam*

				
Search for Lansvale Public School on Facebook	Follow Lansvale Public School on Twitter @LansvalePS	Login to your child's Seesaw account	Download our School App. Search for Lansvale Public School	Take a look at our school website https://lansvale-p.schools.nsw.gov.au/

STAY CONNECTED AND KEEP UP TO DATE WITH SCHOOL NEWS!

Easter Hat Parade

On the second last day of Term 1 we held our Easter Hat Parade. I would like to thank our P & C representatives who organised the Easter raffle. Thank you for all of your hard work. Thank you to the wonderful staff from the Easter Hat Parade team for coordinating such a wonderful event. The highlight for me was seeing all of the smiling faces when the students were able to parade with their hats, masks or posters.



Principal's Message...continued

Happy Eid

During the school holidays some of our families celebrated Eid. We wish all of our families celebrating this special time a Happy Eid.



Cambodian New Year

Some of our families celebrated the Khmer New Year during the school holidays. We would like to wish all of our Cambodian community a Happy New year.



Mothers' Day

A huge thank you in advance to our wonderful P & C for coordinating the Mother's Day stall which is to be held on Tuesday 9th May. Thank you for your time, effort and dedication to the wonderful families of Lansvale PS. I want to wish all of our mums a wonderful Mothers' Day for Sunday 14th May. I hope you enjoy this special day with your family.



ANZAC Day Assembly

Thank you to our ANZAC Day team and school leaders for organising such a memorable and important assembly. It was great to see so many students sharing stories about the meaning of ANZAC with their peers.



SDD – Term 2

On Monday 25th April our teaching and non-teaching staff participated in professional learning. On this day our staff participated in professional Learning focused on Aboriginal Education. This day was focused on learning more about Aboriginal histories, culture and people.

Thank you to our dedicated Aboriginal Education mentor; Mrs Lien Chai for all of the work she did behind the scenes.



Winter Uniform

I'm sure you have noticed that the colder weather is upon us! The mornings can be very cold. Please ensure you are sending your children to school with a labelled school jumper/jacket.



Applying for Year 5 entry to an opportunity class in 2024

Applications for Year 5 entry to an opportunity class in 2024 opened on 30th April 2023 and will close on 15th May 2023. For more information about Opportunity Classes for 2024 and applications please visit: [https://](https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5)

education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5



All applicants are required to sit the Opportunity Class Placement Test to be held on **Thursday 27th July, 2023.**

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Calendar



Take a look at some of our events on this term!

When	What is on?
Term 2, Week 1	
Week 1 – Wednesday 26 th April	First day back for students
Week 1 – Thursday 27 th April	Cross Country Carnival
Week 1 - Friday 28 th April	PSSA continues
Term 2, Week 2	
Week 2 – Tuesday 2 nd May	Music Viva Performance
Week 2 – Wednesday 3 rd May	Stage 3 Mathematics Olympiad begins
Week 2 – Thursday 4 th May	Selective High School Placement Test – Year 6
Week 2 - Friday 5 th May	PSSA continues
Term 2, Week 3	
Week 3 – Tuesday 9 th May	P-2 Gymnastics program begins
Week 3 – Tuesday 9 th May	Mother's Day Stall
Week 3 – Wednesday 10 th May	HARMONY DAY – COLOUR RUN
Week 3 - Friday 12 th May	PSSA continues
Term 2, Week 4	
Week 4 – Monday 15 th May	Last day for Yr 5 families to apply for OC 2024
Week 4 – Tuesday 16 th May	P-2 Gymnastics program
Week 4 - Friday 19 th May	PSSA continues
Term 2, Week 5	
Week 5 – Tuesday 23 rd May	P-2 Gymnastics program
Week 5 – Thursday 25 th May	Year 5 Science Excursion to Gibberagong EEC
Week 5 - Friday 26 th May	PSSA continues
Term 2, Week 6	
Reconciliation Week	
Week 6 – Monday 29 th May	Year 6 Science Excursion to Gibberagong EEC
Week 6 – Tuesday 30 th May	P-2 Gymnastics program
Week 6 – Wednesday 31 st May	Lansdowne Zone Cross Country
Week 6 - Friday 2 nd June	PSSA continues



Marvellous Moments with Mrs Karam

Every fortnight I will visit at least 2 classes in our school. During my visit I will work with children, team-teach or observe fabulous learning. Each fortnight I will share my photos and experiences with our community in the newsletter.

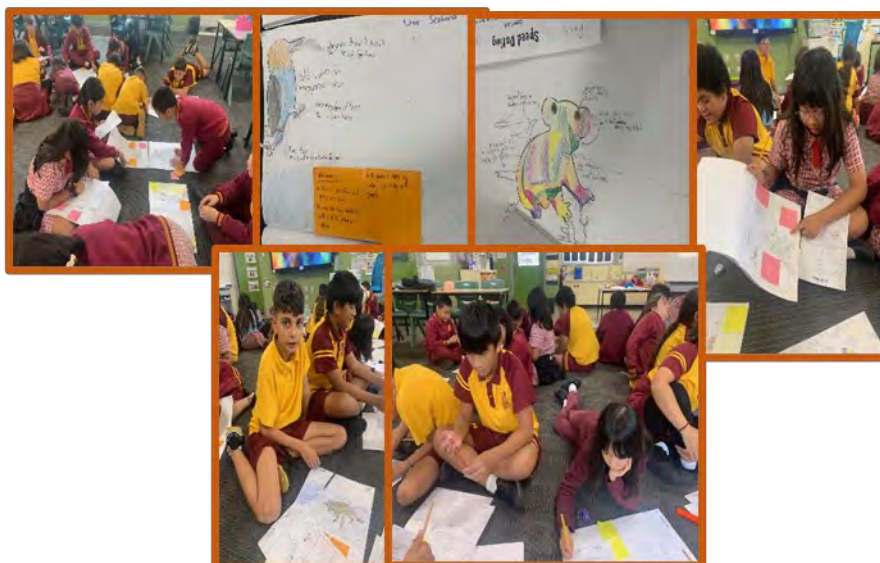
Class 1 Shark Bay

Last term I visited Class 1 Shark Bay during Mathematics learning. I was able to visit different groups and I could see how they were applying their skills of addition to solve a range of different number problems. It was great to see the children using their number facts when solving both 1 and 2 digit problems. Well done 1S.



Class 5 Juukan

Last term I visited class 5 Juukan and was able to hear all about the animal they had created. Each student had created their own unique Australian animal. The students were very creative, and I loved hearing them describe it to their peers. Thank you for letting me visit 5J!



Principal's Message...continued

Class 3/4 Pemulwuy

Last term I visited class 3/4 Pemulwuy during their English time. I enjoyed visiting different groups and listening to the students justify their inferences of the picture. Many children were able to use clues in the picture to infer the characters feelings. It was lots of fun visiting and learning with 3/4P. Well done!



Year 3 Vietnamese with Mrs Bui

Last week I visited Mrs Bui's Year 3 Vietnamese class. I tried very hard to learn some Vietnamese words and phrases. The children had created their own audio books and narrated it in Vietnamese. I enjoyed listening and learning with them and was very impressed with how talented our students are. Amazing!



Year 3 Cultural Studies with Mr Brazel

On Monday I visited the Year 3 cultural studies class with Mr Brazel. The students were watching a short film on different folk tales including how the Tiger got its stripes. The students enjoyed watching and learning and after the video finished were able to make connections with our PROUD rules. The class were then able to create their own Tiger artwork.



Have a great fortnight,

Mrs Laura Karam
Principal



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Deputy Principal's Corner

with Mrs. Hutchinson, Mrs. Chau & Mrs. Goulton

From Mrs Hutchinson

Books with Mrs H.



Books with Mrs H is going strong! I had a lot of fun sharing the book 'Mopoke' by Philip Bunting with 2L. A mopoke is the Australian nickname for the Southern Boobook, our smallest and most common species of owl. Mopokes are known for loving peace and quiet and for their well-known 'mo-poke' call. After the book, we listened to the sound that the Southern Boobooks make on the internet. We all agreed that we could hear the sound 'mo-poke' in their bird call.

I also visited Mrs Bui's Vietnamese Kindergarten class and boy; did I have some fun! Mrs Bui and I shared the reading of the book, 'A Dark, Dark Tale,' by Ruth Brown as it is written in both English and Vietnamese. I remember my teacher reading this book to me when I was in primary school, and I loved it. The book itself, is rich in atmosphere and mood, with Ruth Brown creating a suspenseful read as a black cat navigates its way around a shadowy woods and house. After the book, Mrs Bui turned off the lights and we made our way through our dark, dark classroom to look in the dark, dark cupboard... how fun!



I also visited class KH to share a book that related to Harmony Day, Called, 'Everybody' by Elise Gravel. The book shares the ideas that everybody has strengths, flaws, feelings, ideas and needs. Everybody is unique and different, but we are all more similar than we think! KH agreed that they all had similarities and differences and these differences should all be celebrated as these are what makes life interesting!



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Finally, I visited class 5V to explore some books by amazing Australian artist, Jeannie Baker. The class had recently read the books, 'Window' and 'Mirror' and were keen to explore more of her work. I brought in the book, 'Belonging' which tells the story of an urban landscape which over time becomes a place to call home with the inhabitants re-greening their city. The students loved examining the beautifully constructed collages on each page and discussing the differences they noticed from page to page.

Check-in Assessment Year 4 & 6

The Check-in Assessment will be held in the library for students in Years 4 & 6, from Week 4 to Week 7. Check-in assessments are online assessments in Reading and Numeracy. They are mapped to NSW Syllabus documents and the National Literacy and Numeracy Progressions. Each assessment is designed to be quick and easy to administer, consisting of between 40 to 50 multiple choice questions. There is no need for students to prepare for this assessment.

Art Wellbeing Mentor

This year, we have a new initiative called our Art Wellbeing Mentor sessions. Mr Malcom Fry, experienced primary teacher and local artist is teaching these sessions each Tuesday and Wednesday to enhance engagement across the school. Mr Fry also teaches art sessions in our preschool and collaborates beautifully with our Aboriginal Education Mentor to facilitate sessions with our Aboriginal students. He also targets our High Potential and Gifted Education students with lessons that build on their natural abilities. Our Art expression groups, from Kindergarten to Year 6, support our students with diverse learning needs to connect with each other and build on their social skills and self-esteem. Please check out our artworks in the hall to see what the different groups have been creating!

From Mrs Chau

NAP-Science Literacy

On Monday May 8th, some students in Year 6 were chosen to trial the NAP-Science Literacy test for ACARA. Around 12 000 Year 6 and 10 students from 640 schools were randomly chosen to take part in the trial. The test consisted of a series of multiple-choice questions, as well as some open-ended questions that required the students to explain their answers in more detail. The questions covered a range of topics, including biology, physics, and chemistry. After the test was completed, the students were given the opportunity to provide feedback on their experience. They were asked to share their thoughts on the test as well as Science in general. A public report on the results of the science literacy assessment will be released in 2024, and will document achievement in relation to the defined national proficiency levels. No individual student or school results will be published.

Maths with Mrs Chau

I joined 4 Havelka and 1 Tilba for their Maths lessons and thoroughly enjoyed the students explain their mathematical thinking. The students in 1 Tilba were very enthusiastic when I entered the room; eager to demonstrate their knowledge of number bonds. I worked with Lex, Denzel and Eric on their number bonds using unifix cubes. We discussed how we would know we have all the number bonds for particular numbers. Lex was particularly excited to show what he knew about the number 4.



The Maths lesson in 4 Havelka was focused on angles in the environment. Miss Hoang asked them to identify different angles around the room, such as the corners of the desks and the edges of the whiteboard. In groups, students identified right angles and angles smaller and larger than a right angle.

To challenge them, I gave them an open ended problem with an irregular shape and asked what angles do you see? How many right angles are there? Which angles are smaller than a right angle and which ones were larger? It was wonderful to hear students discuss their understanding and reasoning.



From Mrs Goulton

EAL/D Team in Action

Welcome back Mrs Fereday

We are delighted to have Mrs Fereday back 3 days per week. Mrs Fereday will be sharing the supervision of the EAL/D team and working to support our students in the classroom. As a key part of her specialist role, she will be teaching our New Arrival students, Vuong, Laura and Tommy. Mrs Fereday provides targeted support for newly arrived EAL/D students to develop their English language skills so they may access the curriculum, successfully participate in learning alongside their peers in mainstream classes, and engage confidently in the broader Australian community. Mrs Fereday shares the role with Mrs To Diep and Mrs Goulton.



Collaboration with classroom teachers

The EALD teachers (Mrs To Diep, Mrs Barry, Mrs Bizaya, Ms Dawson, Mr Halloran and Mrs Signoretti) spent this week conferencing with all classroom teachers for the purpose of individually tracking student growth on the EAL/D Learning Progression. This assists the team to ensure that we are targeting our support equitably. It is also a great way to reflect and celebrate student growth and success stories. Thank you to the teachers and EALD team who came prepared with so much individual knowledge about our students. Below is Mrs Signoretti and Mis Kry working together, analysing Year 6 writing samples.



Preschool Newsletter Week 3

School holiday Photos

Welcome to Term 2 everyone! We enjoyed looking at the photos of the children's school holiday adventures and the children loved sharing these with their peers during group time .



Home corner middle room

Our amazing staff surprised the children with a new home corner learning space. They came in during the holidays to create this space for our children to role play and collaborate with their peers. The children love their new learning space and are constantly cooking, shopping and looking after their baby dolls.



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Vocabulary instruction

Our youngest learners are learning to use complex tier 2 language. Our focus is to explicitly teach the children vocabulary to support their comprehension and reading and writing skills in the future. This week we explored the words furious and petrified. Our children can use these words confidently in a sentence.



Musica Viva

Last week our children got to attend their first Musica Viva performance in the school hall. They enjoyed interacting with the music and being part of a whole school community.



Gymnastics

We had our first gymnastics class today and the children absolutely enjoyed it. They had opportunities to work on their gross motor skills such as balancing, rolling, throwing, kicking and catching.

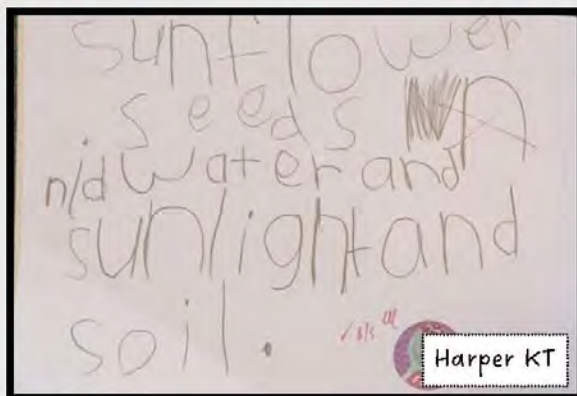
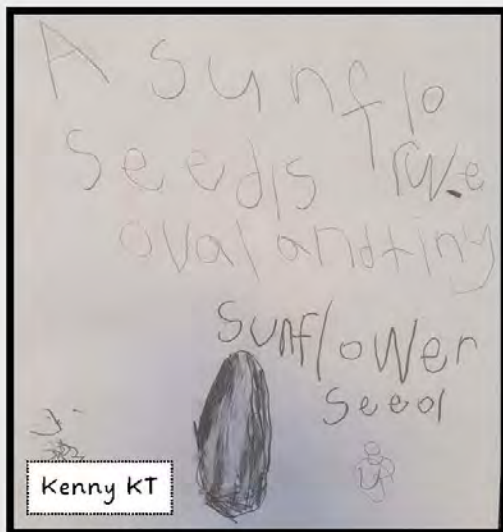


Kindergarten



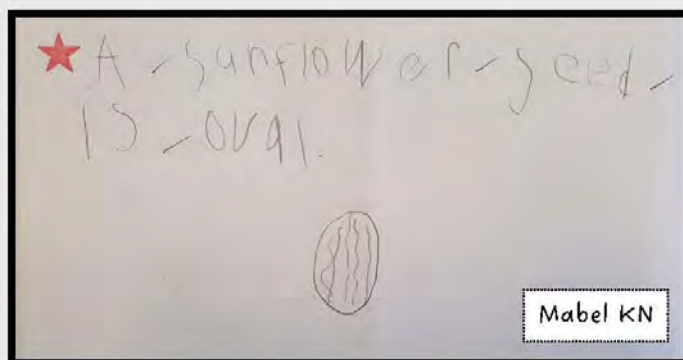
This term, Kindergarten have been learning about living things. We have been reading informative texts about the lifecycle of sunflowers. We are learning to write simple informative texts. Our writing goal is to write from left to right and leave finger spaces between words. Here are some photos of what we have been doing in our classes.



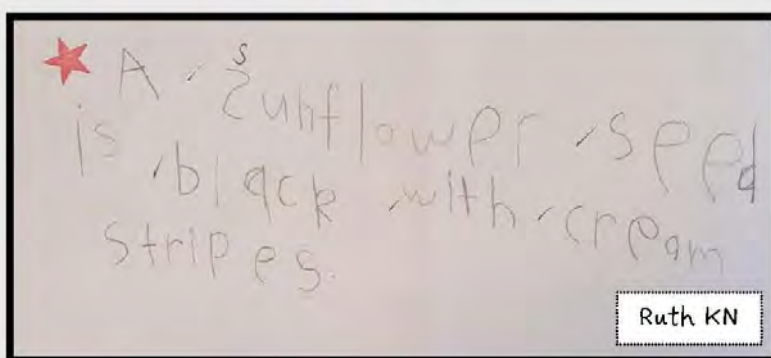




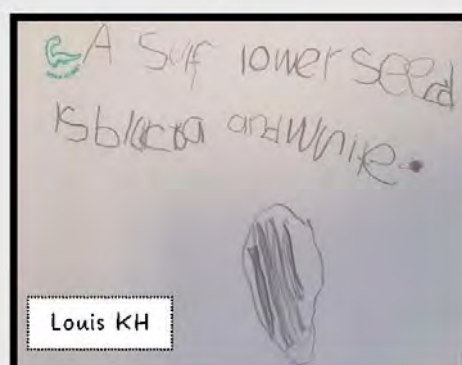
Brianna KN



Mabel KN



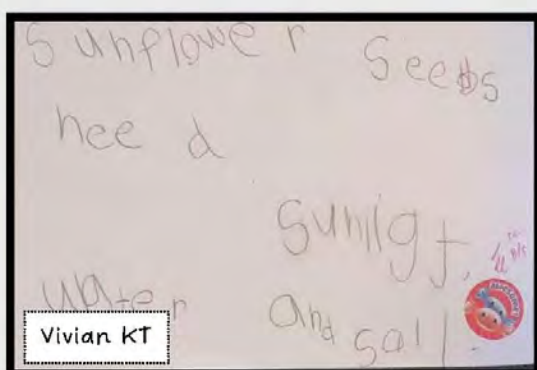
Ruth KN



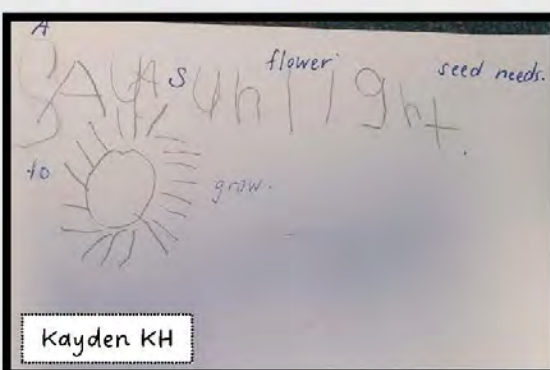
Louis KH



Henry KN



Vivian KT



Kayden KH





K Hobson



K Ningaloo



K Thomas



Lansvale Public School

"A PROUD Public School"



Weeks 3 & 4 PBL FOCUS



Be **respectful** when visiting our Yarning Circle.



Listen and Speak to each other face to face,
Respect one another and respect this place.



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Lansvale Sport Legends 2023



On Thursday the 27th of April, Lansvale Public School students from Years 3-6, strolled down to Hartley's Oval for our annual Cross Country Carnival. This year, all classes have been training for long distance running, and there was an improved fitness for all students in 2023. This was the longest track we have had for cross country, with all students running the required 3km to qualify for the Lansdowne Zone Carnival. Students that placed from 1st to 8th in each age group, qualified for the Lansvale Team that will race at Zone on Wednesday the 31st of May 2023. Notes will be coming home soon.

Thanks to Miss Nguyen and Miss Le for organising a great carnival.



Cross Country 2023



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Lansvale Sport Legends 2023



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@Lansvale Community Centre

S U P P O R T E D P L A Y G R O U P S



Tuesday 9am to 10.50am

Lansvale PS PLAYGROUP 3-5 Years



Getting ready for Preschool

Wednesday 9am to 10.50am

Play2Learn

A good beginning for every child



**All ages
welcome**

Play2Learn is more than a playgroup!
Play2Learn is a fun time for you to share with
your child. Play2Learn gives your child the
chance to learn, grow and prepare for school.

Friday 9am to 10.50am

Community First Step Playgroups

Join us in our playgroups for a new bonding experience
with your children. Make new friends and support your
children through enriched learning.

*Bookings are essential. Please contact the Playgroup
Office prior to attending playgroup session.

All ages welcome



Supported Playgroups create
new opportunities for children
to learn and become more
actively engaged through
creative play. Children become
more confident and foster a
positive learning environment
through their involvement in
supported playgroups. In 2023
we will focus on learning
through play and early
intervention

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LPS Supported Playgroup is a school readiness program supporting kids to transition into Preschool and Kindergarten



**HAPPY
MOTHER'S DAY!**

You're an angel, mentor and
friend rolled into one.

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Community Table

Every Monday and Tuesday morning from 8.30am to 9.15am, Rose and Theresa will be at the front gate to provide support with school notes, Seesaw, BYOD and all things related to school. If you need support just come along to the front gate.

Parenting

The Smith Family
 Learn today, change tomorrow.

Being a Parent

KARITANE® 100 YEARS
Communities for Children Fairfield

Being a Parent is a free 8 week parent-led course which supports you to build your parenting toolkit

TOPICS COVERED INCLUDE:

- ✓ Being a good enough parent
- ✓ understanding behaviour & feelings
- ✓ how to listen & connect with your child
- ✓ discipline strategies
- ✓ child-led play

Free child minding available for children under 5 years of age

RUNS EACH SCHOOL TERM, 2023
FAIRFIELD
CONTACT FOR MORE DETAILS

Nadia Faour - 0476 537 509
Nadia.Faour@health.nsw.gov.au
EPEC Coordinator, Karitane

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Parent Information Sessions

NSW Immunisation Schedule Updated March 2023



Childhood vaccines			
Age	Disease	Vaccine	Information
Birth	Hepatitis B	H-B-VAX II or ENGERIX B (IM)	Within 7 days of birth (ideally within 24 hours)
6 weeks	Diphtheria, tetanus, pertussis, hepatitis B, polio, <i>Haemophilus influenzae</i> type b	INFANRIX HEXA (IM)	Rotarix: Dose 1 limited to 6-14 weeks of age
	Pneumococcal	PREVENAR 13 (IM)	
	Rotavirus	ROTARIX (Oral)	Boxsoro: Prophylactic paracetamol recommended. Catch up available for Aboriginal children <2 years until 30/06/2023
	Meningococcal B (Aboriginal# children only)	BEXSERO (IM)	
4 months	Diphtheria, tetanus, pertussis, hepatitis B, polio, <i>Haemophilus influenzae</i> type b	INFANRIX HEXA (IM)	Rotarix: Dose 2 limited to 10-24 weeks
	Pneumococcal	PREVENAR 13 (IM)	
	Rotavirus	ROTARIX (Oral)	Boxsoro: Prophylactic paracetamol recommended. Catch up available for Aboriginal children <2 years until 30/06/2023
	Meningococcal B (Aboriginal# children only)	BEXSERO (IM)	
6 months	Diphtheria, tetanus, pertussis, hepatitis B, polio, <i>Haemophilus influenzae</i> type b	INFANRIX HEXA (IM)	Children ≥6 months with at risk conditions for IPD‡ are recommended to receive an additional dose of Prevenar 13 – see (see AIH*) Aboriginal children ≥6 months with certain at risk conditions may require an additional dose of Boxsoro – (see AIH*)
12 months	Meningococcal ACWY	NIMENRIX (IM)	
	Pneumococcal	PREVENAR 13 (IM)	
	Measles, mumps, rubella	MMR II OR PRIORIX (IM or SC)	Boxsoro: Prophylactic paracetamol recommended. Catch up available for Aboriginal children <2 years until 30/06/2023
	Meningococcal B (Aboriginal# children only)	BEXSERO (IM)	
18 months	Diphtheria, tetanus, pertussis	INFANRIX OR TRIPACEL (IM)	
	Measles, mumps, rubella, varicella	PRIORIX TETRA OR PROQUAD (IM or SC)	
	<i>Haemophilus influenzae</i> type b	ACT-HIB (IM or SC)	
4 years	Diphtheria, tetanus, pertussis, polio	INFANRIX-IPV OR QUADRACEL (IM)	Children with at risk conditions for IPD‡ are recommended to receive an additional dose of Pneumovax 23 – (see AIH*)

At risk groups, adolescents and adults			
Age/group	Disease	Vaccine	Information
All people with asplenia, hyposplenia, complement deficiency and treatment with eculizumab	Meningococcal ACWY	NIMENRIX (IM)	See AIH* for required doses and timing Additional groups are recommended to receive these vaccines but these are not funded
	Meningococcal B	BEXSERO (IM)	
>5 years with asplenia or hyposplenia	Haemophilus influenzae type b	ACT-HIB (IM or SC)	If incompletely vaccinated or not vaccinated in childhood
Year 7	Diphtheria, tetanus, pertussis	BOOSTRIX OR ADACEL (IM)	
	Human papillomavirus	GARDASIL 9 (IM)	
Year 10	Meningococcal ACWY	NIMENRIX (IM)	
Pregnant	Influenza	INFLUENZA	Influenza: Any trimester Pertussis: each pregnancy between 20-32 weeks
	Pertussis	BOOSTRIX OR ADACEL (IM)	
Aboriginal people ≥50 years	Pneumococcal	PREVENAR 13 (IM) then PNEUMOVAX 23 (IM)	Prevenar 13: ≥50 years Pneumovax 23: 2-12 months later Pneumovax 23: at least 5 years later
70 years	Pneumococcal	PREVENAR 13 (IM)	Pneumococcal funded for people ≥70 years Zoster: Catch up available for 71-79 year olds until 31/10/2023
	Zoster	ZOSTAVAX (SC)	
People with at risk conditions for IPD‡	See the online AIH* for conditions recommended to receive Prevenar 13 and Pneumovax 23		

Influenza		
Age/at risk condition	Recommendation	Information
*All children 6 months <5 years	ANNUAL INFLUENZA VACCINATION	Discuss influenza vaccination with other present family members.
Aboriginal people ≥6 months		For vaccine brands and eligibility see: www.health.nsw.gov.au/immunisation/Pages/flu.aspx
People with at risk conditions ≥6 months		
≥65 years		
Pregnant women		

The term Aboriginal is inclusive of Aboriginal and Torres Strait Islander people. ‡ IPD: Invasive pneumococcal disease. * AIH: Online Australian Immunisation Handbook, April 2023 © NSW Health, SHPN (HP NSW) 230068.

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FREE Online Presentation

Autism Spectrum Disorder & Co-morbidities

Presented by
Myrna Dominguez and Dr Suky Yim this Free Online
Presentation will discuss;

Autism Spectrum Disorder

Co-morbid conditions

Individual case scenarios

Therapy / behaviour interventions

pharmacological interventions

Friday
19th May
2023

10am - 12pm

Online
Via
Zoom



**FROM Autism
Advisory and Support
Service –**

Free ASD and co-
morbidities online
workshop:

<https://www.tickettailor.com/events/autismadvisorysupportservice/899241>

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P&C Meeting

Mother's Day Stall



The P&C set up a Mother's Day Stall so that students had the opportunity to purchase a gift for mum to show her how much they care. All volunteers came in to support the P&C and raise money to go towards the school. A shout out to everyone that came in to support our wonderful community.



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COLOUR RUN



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Lansvale Public School

External Services



Training and Development for Professionals

We provide education to professionals including nurses, psychologists, nannies and childcare workers across Australia. Our leadership in education includes the delivery of Parent Child Interaction Therapy Training (PCIT), Family Partnership Training and specialised workshops.

karitane.com.au/professional-development
Ph: (02) 9794 2348

Start a conversation with us today.



At Karitane, we understand there's something new and unique to every parent's experience. And while your natural instincts or well-studied learnings will certainly kick in, it's also okay to not have every answer. So, as you venture out on the journey of parenthood, know that no matter what challenges come your way, together, we'll know what to do.

REFERRALS

We understand every parent's experience is unique, and we're here to guide you through this new chapter. You can take the first step by completing our online referral form at karitane.com.au/referral

KARITANE CARELINE

Call 1300 227 464 to speak to a friendly and experienced child and family health nurse.

LEARN WITH US

Book into a webinar and join other parents to learn tips and strategies from our experts at karitane.com.au/parenting-webinars.

ACCESS PARENTING RESOURCES

For more parenting information, tips and strategies, visit our website at karitane.com.au

FOR ALL ENQUIRIES

138-150 The Horsley Drive, Carramar NSW 2163
(02) 9794 2300



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Our Services

KARITANE®
Partnerships made for parents

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Karitane fosters meaningful partnerships with mums, dads, and carers to provide knowledge and support on the unique challenges of parenting. Because we understand the first 5 years of raising a child can come with challenges, and parents should never have to learn alone.

Our free services are evidence-based and delivered by a team of child and family health nurses, paediatricians, social workers, psychologists and psychiatrists around the topics of:

- Sleep & Settling
- Establishing Routines
- Feeding & Nutrition
- Toddler Behaviour
- Pre and Post Natal Anxiety and Depression

What parents say

"There is no magic wand but there is Karitane!"

"The entire experience was individualised, professional, caring and supportive. It has given us the skills and confidence to really enjoy being parents."

"Thank you for finally helping me and my baby get some much needed sleep. The amazing nurses at Karitane are miracle workers, they truly change lives!"

Our Services

IN-CENTRE CARE AND VIRTUAL SERVICES

Virtual Breastfeeding Clinic

Karitane Lactation Consultants, Midwives and Child and Family Health Nurses provide breastfeeding support using online consultations and quality resources through the HelpMe Feed app. Book your consultation at karitane.com.au/virtual-breastfeeding-clinic

Parenting Centres

Individual and group consultations with a child and family health nurse to address your parenting challenges. This service is available at one of our centres below or from the comfort of your own home with a virtual home visit.

Child Age: Birth - 5 years

Locations: Online, Balmain, Carramar, Oran Park, Randwick, Shellharbour, Shortland, Woll Creek

Residential Services

Our team of experienced professionals will provide you with around-the-clock support for 3-4 days to help address your parenting concerns. Our child and family health nurses, psychologists, social workers, paediatricians and psychiatrists work in partnership with you while providing information, guidance and encouragement. This service is available at one of our centres below or virtually from the comfort of your own home.

Child Age: Birth - 5 years

Locations: Online, Camden, Carramar

Mental Health Services

Individual consultations and groups supporting mums and dads experiencing perinatal depression or anxiety with a focus on supporting the parent infant relationship. This service is available at one of our centres below or virtually from the comfort of your own home.

Child Age: Antenatal - 1 year

Locations: Online, Camden, Carramar

Toddler Clinic - Parent Child Interaction Therapy
Toddlers are terrific but can also be tricky. At Karitane we use Parent Child Interaction Therapy (PCIT) which strengthens the relationship with your child and provides you with strategies to better manage challenging behaviours. This service is available at one of our centres below or available virtually from the comfort of your own home.

Child Age: 15 months - 4 years

Locations: Online, Camden, Carramar

COMMUNITY PROGRAMS

We provide a range of community groups and programs to support parents and carers with young children (prenatal to school age) to develop positive relationships with their children, that nurture their learning, social and emotional experiences of the world. We support families from culturally and linguistically diverse backgrounds, new migrant and refugee backgrounds and Aboriginal communities. Community programs are provided to families in their own home or in a community setting.

Child Age: Birth - 5 years

Locations: Online, Bankstown, Fairfield, Liverpool, Macarthur, Oran Park, Shellharbour, Wollondilly, Taree



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