



- *Meet the Teacher*
- *COVID– Smart*
- *Marvellous Moments with Mrs Karam*
- *Congratulations to Aida*
- *Attendance—Getting to school on time*

R/Principal Report – Term 1, Week5



Meet the Teacher

We are looking forward to hosting our 2022 'Meet the Teacher' sessions online next week. K-2 families will be held on Tuesday 1st March and 3-6 families will be held on Thursday 3rd March. These sessions will be held on Zoom or via a phone call with the teacher. A note with more information has been placed on our school App and Seesaw. If you need assistance with booking a time then please call our school office.



COVID - Smart

This week we communicated to families about the RAT distributions for the remainder of the term. We are now moving into symptomatic testing. This means that all children at Lansvale PS will receive 8 tests per child to be used if children are displaying any covid-19 symptoms. These RATs have been sent home with the oldest child.



We also continue to implement our COVID-Smart measures at school which include vaccinations, physical distancing where possible, maximised fresh air flow through natural ventilation, continued good hand hygiene practices and enhanced cleaning.

Marvellous Moments with Mrs Karam

I am thrilled to be starting the Marvellous Moments with Mrs Karam next week. Every fortnight I will visit at least 2 classes in our school. During my



Principal's Message...continued

visit I will work with children, team-teach or observe fabulous learning. Each fortnight I will share my photos and experiences with our community in the newsletter. Look out for photos in the Week 7 Newsletter.



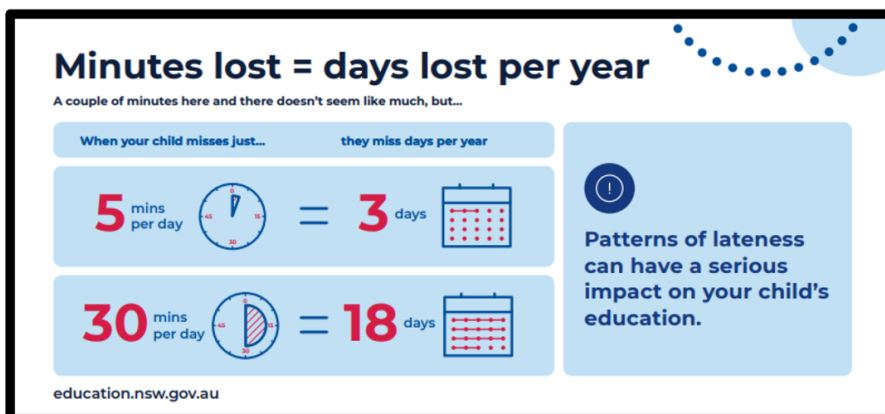
Congratulations to Aida!

Last year Aida H participated in the ICAS Spelling Bee and was awarded a medal for her outstanding achievement. This medal arrived last week and I was so proud to present it to her in front of Year 4. Congratulations Aida we are very proud of you!



Attendance – Getting to school on time

This week our Positive Behaviour for Learning (PBL) focus is getting students to school on time. We want all of our children to be at school between 8:30am and 9am. Learning begins in the classrooms from 9am and when children are late they are missing important learning time.



Have a great fortnight,

Mrs Laura Karam
R/Principal



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🌐 Website www.lansvale-p.schools.nsw.edu.au

Lansvale Public School



Be on time...
all the time.



NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

education.nsw.gov.au



Lansvale Public School

"A PROUD Public School"



Week 5-6 PBL



Be **organised** by getting ready
each morning and arriving at
school on time.



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Deputy Principal's Corner

with Mrs Hutchinson and Mrs Chau



From Mrs. Hutchinson

2021 ICAS Mathematics Assessment Results

Due to covid last year, our Mathematics ICAS results and certificates were a little delayed in arriving, but I am happy to announce that the 2021 Mathematics ICAS results are finally in. Please put your hands together for the students who achieved these AMAZING results!

High Distinction (top 1%)	Distinction (next 10%)	Credit (next 25%)
Aida Year 3 in 2021	Kendrick Year 4 in 2021	Anna Year 3 in 2021
Kevin Year 6 in 2021	Derick Year 6 in 2021	Lachlan Year 3 in 2021
		Leon Year 5 in 2021
		Macy Year 5 in 2021

Parents are reminded that all ICAS assessment results are available online at www.icasassessments.com in the Results Portal.

Books with Mrs H



In Week 6, I will start to share my love of reading with the students of Lansvale Public School by spending time in classes reading some great new books that I have purchased. As an avid reader myself, I have always enjoyed sharing fabulous books with my students and spreading the joy of reading. Next week, I am looking forward to sharing a funny little tale called, 'I Don't Want to Read This Book' by Max Greenfield. I shared this book with my own kids on the weekend and they gave the book a big thumbs up! Can't wait to share with our students as well.

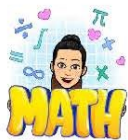
Another new book I found at my local bookstore was a cute story about a bilby, by Laura & Philip Bunting titled, 'This is not an Egg'. It is a book about imagination and friendship, and I just know our students will love this book as much as my youngest daughter did. I will let you all know how I go next newsletter.

From Mrs. Chau

Special Religious Education (SRE)

Last week, a note went home to all students in regards to Special Religious Education (otherwise known as scripture). We ask that all students return the note as soon as possible so we can

organise classes for 2022. Your preference for SRE will remain with your child as long as they are enrolled at Lansvale Public School. If you wish to change your preference at any time, please notify the school in writing. Our lovely office staff will be able to assist you with this. Any students who do not attend SRE, will participate in meaningful activities, including independent reading and completing classwork, but will not be learning new class content.



Maths with Mrs Chau

Throughout 2022, I will be bringing my love of mathematics to the students of Lansvale Public School. As an instructional leader the last 5 years, I loved seeing students' excited faces during their maths block each day. I want students to see maths as fun and creative through the use of games and problem solving. Each week, I aim to visit 2 classes in the school to share engaging maths activities. The first activity will be "Climb the Ladder" where students develop their numeracy fluency. Watch this space for more details on how you can play this game with your child at home!



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Lansvale Public School

Preschool Newsletter - Week 5



It has been a great start to the preschool year! We can't believe the children have attended their first full week of preschool. The children are learning routine and expectations while building new friendships with their classmates. Although it has only been a few weeks of preschool, the children have engaged in lots of rich learning experiences such as activities that allows the children to further develop their fine motor skills, numeracy and learning self regulation.



Ms Sally will be joining the preschool every Tuesday. She will be taking both Preschool Red and Preschool Blue while Ms Tida and Ms Elisa are on RFF. Ms Sally has been working with primary children for 5 years and has a keen interest in working with preschool aged children. Ms Sally has 3 beautiful girls of her own and enjoys watching the magic within the children develop.

Numeracy Professional Learning

This week our preschool team engaged in professional learning with our APC&I to explore how we can support children's numeracy development. We want our children to have the ability to recognise and apply maths concepts in all areas of life. Everyday activities like counting, looking at shapes, and talking about sizes can help children develop early numeracy and maths skills. We will continue to engage in this professional learning every fortnight and can't wait to share our learnings with our children and families.



A few friendly reminders

- Drop off will be at the Lansdowne Rd gate. The teachers will sign the children in, parents will not be allowed to enter the preschool premises. Pick up will be from 2:30 at the Lansdowne Rd gate and staff will walk the children down to you.
- Please ensure your child has a hat at school everyday
- Children are allowed water and white milk only
- Ensure your child has a healthy lunch and snack in their lunchbox everyday
- A change of clothes inside your child's bag in case they need to be changed.
- Connect your child's seesaw
- Label all of your child's clothing, lunch boxes and water bottles.

Here are some links to some numeracy activities you may like to do with your child at home.

- https://www.dss.gov.au/sites/default/files/documents/05_2015/ed13-0077_ec_literacy_and_numeracy_building_good_practice_resources_booklet_acc.pdf
- <https://raisingchildren.net.au/babies/play-learning/learning-ideas/early-numeracy>
- <http://www.earlychildhoodaustralia.org.au/our-publications/everyday-learning-series/everyday-learning-index/2014-issues/everyday-learning-maths-numeracy/>

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Lansvale Public School



2022 School Leaders



Emaan 6T

My name is Emaan from 6T and I am one of your 2022 school leaders. I was raised here by my WONDERFUL mother who has always been supportive in everything I do. My sister's name is Ayah and she is in 1S this year. My favourite colours are dark red, black and white. My hobbies are watching anime, reading manga and drawing. I also enjoy playing sports like soccer, netball, cricket and basketball. I have been a part of many activities during my time at Lansvale. For example, I've been on the PSSA Cricket and Netball team for the past 2 years, I was in the Tournament of the Minds in Year 3 and Year 5 and I was an SCR in Year 4. I am a bubbly person, and I am always excited to meet new people. I always believed you should be PROUD of who you are, and this inspired me to become a leader. I wanted to be a school leader to make sure all students at LPS are treated fairly and help you where I can. Though I am excited about this new leadership, I am nervous about what will happen next. I hope I exceed all your expectations and show you what a PROUD leader is.



Crystal 6J

My name is Crystal. I am Vietnamese and I am proudly honoured to be one of your 2022 school leaders. I was born and raised in Australia in an amazingly supportive family. I've been elected to represent my class 4 years in a row for public speaking and I've been an SRC twice. My favourite subject is science because we can learn and have fun at the same time. I particularly enjoy learning about the solar system because I am curious about what is out there beyond our planet. My hobbies are sketching, playing sports and ice skating. You should try it! My favourite colour is blue, and I love cute aesthetic things and stationery. I love to eat spring rolls and fried dumplings. I also love to listen to music because it helps me express my emotions. My favourite song now is 'Dandelions' by Ruth B. I will admit I am socially awkward and shy around new peers but when you get to know me, I am humorous and welcoming. This year I will try to be the best leader I can be and learn how I can be a PROUD leader.



Ali 6L

Hi! My name is Ali and I am one of the school leaders of Lansvale Public School. I was born in Iraq but raised in Australia. My favourite colour is green because it is very bright. I enjoy running, skating and just being active outside. I also like playing games on my mobile and PS4. My favourite subject in school is science because I love doing experiments to see what happens when substances are mixed. I am very good at public speaking because I feel confident speaking in front of a large audience. I love meeting new people and making new friends. If you ask some people, they will tell you that I am funny because I like making people laugh. This year, I hope I can be a good role model and lead by example.



Macy 6L

My name is Macy and I am one of your 2022 school leaders. I am Vietnamese and Chinese. I have 2 younger siblings, 7 Muscovy ducks, 5 cats (well they're wild but my friends) and 1 rabbit. I enjoy drawing dragons and writing imaginative stories. My favourite colours to use while I draw are white, black, red and blue. Some of my hobbies are watching anime, reading manga/comic novels and graphic novels. I especially enjoy reading Naruto, Jujutsu Kaisen and Wings of Fire. When I am in a quiet room, I like to listen to my favourite songs, read or draw. I was very excited when I was elected as one of the school leaders because I didn't think a shy person like me would have this opportunity. My goal this year is to try to become the best school leader I can be and enjoy my last year here. I'm quite nervous about what's to come but I can't wait to represent Lansvale as a PROUD leader.

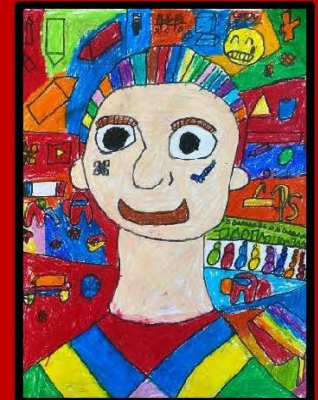
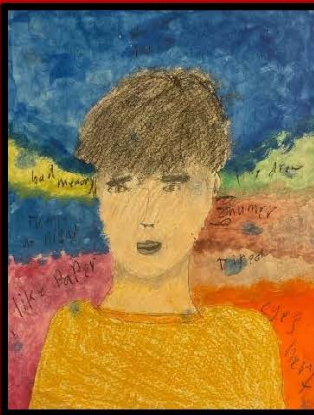
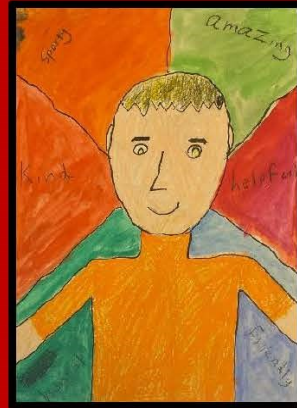


Cappi 6L

My name is Cappi and I am esteemed to be a part of Lansvale's 2022 School Leadership team. My parents are Vietnamese and I have a brother in Year 5. My favourite colour is pink because it stands out. I love to indulge myself in fantasy, graphic and manga books. I like to watch comedies and anime as well. Recently I watched the Rush Hour Franchise, and I've enjoyed it. I love to listen to music because it allows me to listen and express my feelings. Currently, my favourite song is 'I'm Still Standing' by the famous Elton John. I dream of one day travelling the world and experiencing a delicacy from each country. My previous roles in the school consist of being in the PSSA team, Tournament of the Minds, Robotics Club, SRC representative of my class and the House Vice-Captain of Laver. I am a funny and approachable person, so if you see me on the playground don't be shy to come up to me to say hi. My goal this year is to inspire students from our school to become leaders. I am excited to acquire more knowledge and skills on how I can be a great leader. I will try my best to represent our school and enjoy my last year as a PROUD student.



YEAR 6 SELF PORTRAITS



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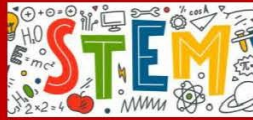
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Lansvale Public School



YEAR 6



CHALLENGES



FROM: 6L, 6J AND 6T

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WHAT IS BYOD?

All classes from Year 3 to Year 6 are BYOD classes. BYOD stands for Bring Your Own Device. Lansvale Public School acknowledges the educational value of digital devices and online services in supporting and enhancing educational outcomes and student wellbeing. Digital technology can empower authentic, meaningful, collaborative and engaged learning and can better prepare students for their lives beyond the school.

REGISTRATION FOR BYOD

Students are able to bring their own devices to school once they have completed an online registration with parents or guardians and both have signed the User Agreement. Translators can be made available for those who need assistance with the process. If you need the registration note again, please let your classroom teacher know.

BYOD LOAN DEVICES

In order to extend student learning, students have been given the opportunity to loan a device from Lansvale Public School for use at school and home.

This year we will be implementing a non-refundable Loan Device fee of \$100 for all students requesting a loan device. We have had to introduce this fee in order to aid in the sustainability of our ever growing fleet of loan devices. To ensure the safety of device charging at home, this \$100 will include a new charger and cable for every child each year, as well as a maintenance fee to help us cover the cost of updating ageing devices. Students will be able to take the device home unless other arrangements have been made with the classroom teacher.

BYOD USAGE

Students will not be allowed to use digital devices before or after school on school grounds, during class time, recess and lunch, unless for an educational purpose or where a student needs it for other reasons, such as an adjustment to support their learning and wellbeing. During Primary Schools Sports Association (PSSA), devices are required to be left at school until they return from sport. Devices are not permitted during camps or excursions. In addition, we kindly ask that parents monitor their children's usage at home.

If there are any questions, please do not hesitate to speak to your classroom teacher or Miss Tu.

Kind regards,

Miss Tu
Relieving Year 6 Assistant Principal and ICT Coordinator

Mrs Hutchinson
Relieving Deputy Principal


















Lansvale Public School BYOD - App Requirements 2022



Dear Parents/Guardians,

To ensure our BYOD classes are as productive as possible and promote student learning opportunities, we ask that the following free apps are loaded onto students' devices.

iPad Apps			
<p>Popplet Lite</p> 	<p>Quizizz</p> 	<p>iMovie</p> 	<p>Sphero Edu</p> 
<p>Google Drive</p> 	<p>Google Docs</p> 	<p>Google Sheets</p> 	<p>Padlet</p> 
<p>Google Slides</p> 	<p>Microsoft Word</p> 	<p>Quizlet</p> 	<p>Kahoot</p> 
<p>Google Classroom</p> 	<p>Seesaw</p> 	<p>QR Code Reader</p> 	<p>Epic</p> 
<p>Clips</p> 	<p>Chrome Browser</p> 	<p>Lego WeDo</p> 	<p>Lego Education</p> 
<p>We Do 2.0 Education</p> 	<p>Green Screen by Do Ink – Bundle (PAID APP)</p> 		

If you have any questions or concerns, please do not hesitate to **contact your classroom teacher or Miss Tu**. The BYOD team would like to thank you for your commitment to your child's learning.

Kind regards,

Miss Tu
Relieving Year 6 Assistant Principal and ICT Coordinator

Mrs Hutchinson
Relieving Deputy Principal






Lansvale Public School

BYOD - Unacceptable Social Media Apps 2022



Dear Parents/Guardians,
For the safety of your child, the following are unacceptable social media apps to have on personal devices at school due to age restrictions.

 <p>TikTok - Trends Start Here 12+ Videos, Music & Live Streams TikTok Inc. #1 in Entertainment ★★★★★ 4.7 • 353.7K Ratings Free - Offers In-App Purchases</p>	 <p>Facebook 12+ Facebook, Inc. #2 in Social Networking ★★★★★ 2.6 • 30.6K Ratings Free - Offers In-App Purchases</p>
 <p>Instagram 12+ Instagram, Inc. #1 in Photo & Video ★★★★★ 4.7 • 1.5M Ratings Free - Offers In-App Purchases</p>	 <p>Messenger 12+ Text, audio and video calls Meta Platforms, Inc. #2 in Social Networking ★★★★★ 4.1 • 108.2K Ratings Free</p>
 <p>Snapchat 12+ Share the moment Snap, Inc. #2 in Photo & Video ★★★★★ 3.7 • 24.2K Ratings Free - Offers In-App Purchases</p>	 <p>WeChat 17+ Calls, chats, and more WeChat #19 in Social Networking ★★★★★ 4.4 • 11K Ratings Free - Offers In-App Purchases</p>
 <p>Houseparty 12+ Group Video Chat Life On Air, Inc. #10 in Social Networking ★★★★★ 4.8 • 64.4K Ratings Free - Offers In-App Purchases</p>	 <p>WhatsApp Messenger 12+ Simple. Reliable. Private. WhatsApp Inc. #3 in Social Networking ★★★★★ 4.7 • 625.6K Ratings Free</p>
 <p>Viber Messenger: Chats & Calls 17+ Group Messages, Video & Text Viber Media SARL. #13 in Social Networking ★★★★★ 4.6 • 29K Ratings Free - Offers In-App Purchases</p>	 <p>Reddit 17+ Dive into anything reddit #2 in News ★★★★★ 4.8 • 2.2M Ratings Free - Offers In-App Purchases</p>
 <p>Discord - Talk, Chat, Hang Out 12+ Friends, Communities & Gaming Discord, Inc. #3 in Social Networking ★★★★★ 4.8 • 1.1M Ratings Free - Offers In-App Purchases</p>	 <p>Twitch: Live Game Streaming 17+ Watch Fortnite, PUBG & IRL TV Twitch Interactive, Inc. #6 in Photo & Video ★★★★★ 4.7 • 1.6M Ratings Free - Offers In-App Purchases</p>

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Kind regards,

Miss Tu
Relieving Year 6 Assistant Principal and ICT Coordinator

Mrs Hutchinson
Relieving Deputy Principal



Special Announcement!

**Online ordering now
available for our school
canteen!**

To order online please visit:

www.flexischools.com.au

or

download the **Flexischools** app on your iOS
or Android device.



Online Canteen



How to set up your account for online ordering!

Getting started with Flexischools

If you'd like to start ordering online with Flexischools, it's super simple to get started!

How to set up your Flexischools account

1. Download our app

- The Flexischools app is the easiest way to place online lunch orders, buy school uniforms, and discover our latest partner offers.



2. Register

- Open the Flexischools App and click 'Like to register?' or [click here](#) to register on our website.
- Submit your email address to create an account.
- Go to your inbox and open the registration email from Flexischools. Click on the link provided and follow the registration process, creating a password and completing your personal details.

3. Log in to your Flexischools account and enter your child's details

- Once your account is set up, log into the Flexischools App or [click here](#) to log in to our website.
- If you are using the app, select the 'Profile' icon on the navigation bar. Under 'Students', click 'Add new'. Enter your child's name, school, year level, and class. Click 'submit'.

Order on our app

1. Place your order

- In the Flexischools App, click 'Order food' at the top of the homepage.
- Select which student you would like to place an order for.

2. Make your selection

- Choose which service you would like to order for.
- Choose which date to order.
- Select the items you wish to order.

3. Make payment

- When you have finished adding items, click 'Confirm order'.
- Select your payment option and complete payment to place your order.



Place lunch orders from your iPhone or iPad! Find us in the App Store.





LANSVALE PUBLIC SCHOOL

Summer Menu

ALL DAY BREAKFAST

Item	Price
1. Hash brown (H,V,O).....	\$1.20
2. Cheese sandwich (H,V,E).....	\$2.50
3. Corn kernels Cup (H,V,E).....	\$2.50
4. Fruit cup.....	\$2.20
5. Yoghurt cup (Vanilla / Strawberry).....	\$2.00
6. Milk flavour in straw.....	\$2.50
7. Oak milk (Chocolate / Strawberry).....	\$2.50

LUNCH

Item	Price
SANDWICHES, ROLLS & WRAPS	
8. Ham & cheese sandwich.....	\$3.50
9. Cheese & tomato sandwich (V,H).....	\$3.00
10. Tuna sandwich (H).....	\$3.50
11. Chicken salad sandwich (H).....	\$3.50
12. Hot dog roll (O).....	\$4.00
13. Chicken, lettuce & tomato wrap.....	\$5.50

FRESH COLD SALADS

14. Fish salad (H,E).....	\$5.50
15. Ham or tuna salad (E).....	\$5.00
16. Chicken schnitzel caesar salad.....	\$5.50
17. Pasta chicken salad (H,E).....	\$5.50
18. Cheese salad (V,H,E).....	\$5.00

BURGERS

Item	Price
19. Beef burger (H,E).....	\$4.50
20. Chicken burger (H,E).....	\$4.50

TUMMY WARMERS

Item	Price
21. Chicken nuggets (6 pcs) (O)(H).....	\$4.50
22. Garlic bread (O)(H).....	\$2.00
23. Spicy chicken wings (H,O).....	\$1.50
24. Beef meat pie (O)(H).....	Mini \$1.80 / \$3.80
25. Beef sausage roll (O)(H).....	\$3.80
27. Grilled BBQ pork skewers (O).....	\$3.00

GLUTEN FREE

PLEASE WRITE "GLUTEN FREE" ON YOUR LUNCH BAG

Item	Price
28. Chicken Nugget (6pc).....	\$5.50
29. Ham salad.....	\$5.00
30. Chicken breast salad.....	\$5.50

EXTRAS 50c

Cheese or Salad or Sauce or Salad Dressing

More snack and cups of drinks
available at the counter from 50c - \$2.00

CANTEEN-MADE HOT FOOD

Item	Price
31. Beef pasta (E)(H).....	\$4.50
32. Beef lasagne (E)(H).....	\$4.50
33. Beef burrito (E)(H).....	\$5.50
34. Roast chicken with steamed rice (E)(H).....	\$5.00
35. Ham & veggie fried rice (E).....	\$4.50
36. Veggie fried rice (E)(H)(V).....	\$4.00
37. Chicken dim sim (5pc) (E)(H).....	\$5.00
38. Hokkien noodles with chicken (E)(H).....	\$4.50
39. Macaroni & cheese (E)(H)(V).....	\$4.50
40. Cheese pizza (E)(H)(V).....	\$3.50
41. Cheese & veggie pizza (E)(H).....	\$4.00
42. Ham & cheese pizza (E).....	\$4.00
43. Chicken & mushroom pizza (E)(H).....	\$4.00
44. Quesadilla with ham or chicken(E).....	\$5.00
45. Tomato quesadilla.....	\$5.00

ICY TREATS / SNACK FOODS

Item	Price
46. Frozen yoghurt cup (GF).....	\$1.50
47. Ice block (Berri, low sugar).....	\$1.00
48. Just Juice Ice bag (low sugar).....	\$0.60
49. Jelly cup (low sugar).....	\$1.20
50. Fruit cup (mix / watermelon).....	\$2.20
51. Fruit slice (seasonal).....	\$1.50
52. Chips (seasalt red rock).....	\$2.00
53. Popcorn (canteen made).....	\$1.00

THIRST QUENCHERS

Item	Price
54. Water.....	\$2.00
55. Oak milk (strawberry / chocolate).....	\$2.50
56. Juice bomb (grape/orange/apple/watermelon).....	\$2.50
57. Apple juice.....	\$2.50
58. Orange juice.....	\$2.50
59. Flavoured milk straw.....	\$2.50

DAILY MEAL DEALS

\$6.50 includes a bottle of water OR
Frozen Yoghurt cup + piece of fruit

MONDAY.....	Burger
TUESDAY.....	Fried Rice
WEDNESDAY.....	Beef Pasta
THURSDAY.....	Quesadilla
FRIDAY.....	Caesar Chicken Salad

STAFF MENU

Chicken and prawn rice paper rolls.....	\$8.00
Pork spring rolls (8 pcs).....	\$10.00
Vermicelli salad bowl with spring rolls or BBQ Pork.....	\$10.00

Please check with canteen staff for Wednesday specials

NOTE: ANY HOT SOUPS, DRINKS & NOODLE CUPS ARE NOT PLACED IN THE LUNCH BASKET. CHILDREN MUST COLLECT FROM THE CANTEEN WITH THEIR LUNCH ORDER BAG.

TO ORDER:

- Please place order by **9.00am** with your child's name and class correctly.
- For weekly specials, please check on site at the canteen.
- If ordering **Gluten Free** or if your child has any allergies, please note **CLEARLY** on the lunch bag.



DIETARY CODES: Everyday Food (E) • Gluten Free (GF) • Vegetarian (V) • Halal (H) • Occasional Food (O)

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Lansvale Public School



SaCC@Lansvale Community Centre

Welcome back to onsite school
playgroups every Tuesday, Wednesday
and Friday morning from Term 1 Week 6

Playgroups

Supported Playgroups create new opportunities for children to learn, and become more actively engaged through play and creativity. Children become more confident and positive through their involvement in supported playgroups.



Tuesday 9am to 11am
Lansvale PS
PLAYGROUP
3-5 Years



Getting ready for Preschool

Wednesday 9am to 11am

Play 2 Learn
A good beginning for every child



Play2Learn is more than a playgroup!
Play2Learn is a fun time for you to share with
your child. Play2Learn gives your child the
chance to learn, grow and prepare for school.

Friday 9am to 11am

**Community First
Step Playgroups**

Join us in our playgroups for a new bonding experience
with your children. Make new friends and support your
children through enriched learning.

*Bookings are essential. Please contact the Playgroup
Office prior to attending playgroup session.



**We will be returning to onsite
playgroups from Term 1, Week 6.**
If you have children aged 0 to 5 years
old and would like to participate in
our supported playgroups please
come and see Rose Raslan, Theresa
Ngo and Lee Ly every Monday &
Tuesday at the front office at the
Community Table or you can call on
9724 5252.

To ensure safety of all students,
parents and staff we follow Covid
safety measures.

Chancery Street, Canley Vale NSW 2166

☎ 9724 5252 ✉ lansvale-p.school@det.nsw.edu.au

🌐 Website www.lansvale-p.schools.nsw.edu.au

Lansvale Public School

Playgroup Fun

On Tuesday the Playgroup students were asked to find a square and post onto our group. This is what they posted.



Lansvale PS Parents Cafe

Please join us every Tuesday
Time: Tuesday from 2pm to 3pm
Where: In the Community Room
Just drop in and have a chat, ask questions and
meet our parents.
We can support you with a range of things.

If you have any questions call 02 9724 5252
Please contact Rose Raslan, Lee Ly and Theresa Ngo
Looking forward to seeing you at Parent Café.



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Lansvale Public School

P&C Meeting

P&C helps inform parents about school activities and policy, also gives parents opportunities to meet other parents and teachers. Research shows that children perform better at school when their parents are involved in the school community.

Come along and stay up to date with what is happening at Lansvale Public School at the next P&C Meeting. Our Annual General Meeting is on Monday 14th March 2022 (Time and location TBA). Keep your eyes out for the pink flyer! (*Changes may be made subject to covid guidelines)

If you would like more information please contact Rose, Theresa and Lee via the office on 9724 5252.

Indigenous Sustainability Garden



We are seeking parent and carer volunteers for the Indigenous Sustainability Garden in 2022.

Please contact Rose Raslan if you are interested in getting involved in the Garden Project on 9724 5252 or email rose.raslan@det.nsw.edu.au

Any support or donation is appreciated.

Our aim is growing and cooking with native bush tucker.



Parenting Workshops



Parent Present: Understand Your Mental Health and Wellbeing

Parents health and well-being are always utmost important let alone during the time of COVID. FWSH would like to offer you a free session on this topic so that you can have a deeper understanding about:

- How our mental health works
- Factors affecting our mental health and well-being
- Some of the common mental health issues
- Ways to improve our mental well-being from such understanding

When: 2-3pm Wed 16/3/2022

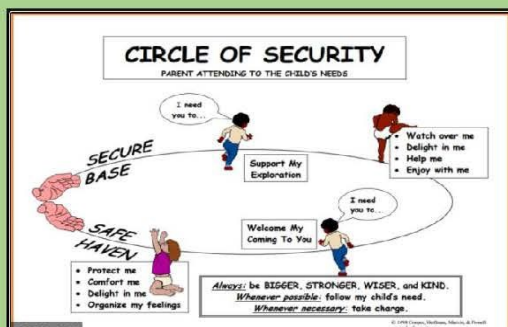
Where: Lansvale Public School Community Centre

Contact:

Rose Raslan 02 9724 5252 or Lianne Ngo 9794 0150 if you need further information.

Expression of Interest for Circle of Security Parenting Program.

The Circle of Security Parenting Program is an attachment-based parent education program that helps parents better understand and build on their relationships with their children. This program helps support their child's ability to successfully manage emotions. Enhance the development of their child's self-esteem.



For more information please click on to YouTube link

<https://youtu.be/1wpz8m0BFM8>



If you would like to register or more information, please contact Rose Raslan via the office on 0433 155 654 or rose.raslan@det.nsw.edu.au.

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Lansvale Public School

Playgroup

For children living with a delay or disability ages 3-5 years

This playgroup is specifically for children living with a delay or disability that struggle with mainstream playgroups.

This group will:

- have an inclusive, safe environment
- provide sensory play
- include activities that will be tailored to your child's needs

Space is limited due to COVID-19 restrictions

To secure your place contact us on 9727 4333 or 0423 784 361



www.cfs.asn.au

Mondays
10.00am - 12.00pm

25 Barbara Street
Fairfield NSW 2165





**FREE
EVENT!**

Want to learn how to integrate communication strategies into your child's routines?

Join our EACH Speech Pathologists who will explore:

- practical communication strategies
- the importance of routines in your child's communication and social development
- Fun ways to encourage your child's learning in everyday life.

Where: Via Zoom (following registration, a link will be provided)

Date: Tuesday 1 March 2022

Time: 11am – 12pm NSW and ACT (including 15minute Q&A)
10am – 11am QLD (including 15minute Q&A)

RSVP: Please register via Eventbrite at [Eventbrite Learning through routines-registration](#)

☎ 1300 003 224 ✉ info@each.com.au
🌐 each.com.au 📘 facebook.com/eachsch 📺 twitter.com/eachsch

each



Bereavement and Loss Group

Lifeline's Bereavement and Loss Group is a safe place for you to share your thoughts, ideas, and feelings with others who understand.

About the group

Whether the loss was a recent experience or one that happened many years ago the Bereavement and Loss Group can help.

The group is a safe place to share your thoughts, ideas, and feelings with others who understand the enormity of a loss. The group meets weekly for 8 weeks and is a closed group.

The group is structured so that those bereaved can share their experience as well as being supported in managing and moving through their grief.

For more information or to join a group, Contact us

Contact Jenny Holmes

Phone: 4645 7200

Email: Holmesj@lifelinemacarthur.org.au

If you need someone to talk to,

Call 13 11 14

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