

Lansvale Public School

Newsletter

24th November Week 7



Principal Report

= Term 4, Week 7



Dear Parents/Carers,

It has been another wonderful fortnight of learning at Lansvale PS.

Staffing News

Congratulations to Lee Ly who has been offered a Khmer Community Liaison Officer position at Canley Vale PS. We wish Lee all the best for 2023 and beyond and thank her for all the work she has done in supporting our community.



Are you moving elsewhere for 2023?

We are beginning to plan for 2023 classes. In order for us to be up-to-date with enrolments and staffing, we ask that families with students in Kindergarten to Year 5 who already know they will not be returning in 2023 to inform the school via phone call, note or email as soon as possible.



White Ribbon Day Walk and Ceremony

Last week our school leaders and SRC participated in the community walk against Domestic Violence. The theme was 'Stand Up, Speak up'. Our students joined local leaders and other schools for this great initiative. Thank you to Miss Tu for coordinating this event.



- *Staffing News*
- *Are you moving elsewhere for 2023*
- *White Ribbon Day Walk and Ceremony*
- *Term 4 Calendar*
- *Donate this Christmas*
- *Kindergarten and Preschool 2023 Enrolments*
- *Kindergarten 2023 Orientation*
- *Fairfield Principal Network Awards – 2022*
- *Cabramatta High School-Peace Day*
- *Operation Art*
- *Marvellous Moments with Mrs Karam*





Term 4 Calendar

Take a look at some of our events over the next few weeks!

When	What is happening
Term 4	
Week 7 – Thursday 24 th November	Years 3-6 Rugby League Clinic continues
Week 8 - Monday 28 th November	P&C executive Thank you morning tea at 9:15am
Week 8 – Tuesday 29 th November	Year 6 attending High School Orientation
Week 8 – Wednesday 30 th November	Last day to hand in learners to attend LEGENDS 2022 party
Week 8 – Wednesday 30 th November	Kindergarten 2023 Parent Information Session
Week 8 – Wednesday 30 th November	Year 3 Gardening Club excursion
Week 8 – Thursday 1 st December	Last day for SRE for 2022
Week 8 – Thursday 1 st December	Crazy clothes day – Year 6 fundraiser
Week 9 – Monday 5 th December	Thank you, Morning Tea
Week 9 – Tuesday 6 th December	Preschool 2023 Information Session at 9:30am in Hall
Week 9 – Wednesday 7 th December	FUN DAY
Week 9 – Friday 9 th December	Diamond Party
Week 10 – Monday 12 th December	K-2 and 3-6 Presentation Assembly
Week 10 – Tuesday 13 th December	Year 6 Farewell
Week 10 – Wednesday 14 th December	Legends Party
Week 10 – Friday 16 th December	Years 2-6 Sports Presentation Assembly
Week 10 – Friday 16 th December	Last day of school for students

Donate this Christmas

Our fabulous P & C have organised this wonderful initiative. If you would like to donate then please bring your gift to the front office.



Kindergarten and Preschool 2023 Enrolments

We would like to start welcoming any enrolments into Kindergarten or Preschool for 2023. If your child turns 5 before 31st July 2023 you are able to request an enrolment application from the school office. All families within our school intake area will be accepted, provided all documentation is submitted. Families can also complete their initial enrolment application online via our school website at <https://lansvale-p.schools.nsw.gov.au/>

If your child does not live within our **intake area**, visit **out-of-area enrolment**. Out-of-area **enrolment procedures** are subject to the department's enrolment policy.



Children attending our preschool this year will still need to follow the same enrolment procedures if they wish to enrol at Lansvale Public School.

Kindergarten 2023 Orientation

We are looking forward to welcoming our newest learners to big school in 2023. Below you will find a list of all upcoming Kindergarten transition days.



KINDERGARTEN 2023 ORIENTATION DAYS

IMPORTANT DATES:

Session 1 - Tuesday 18 October 9:30am - 10:30am

Session 2 - Thursday 20 October 9:30am - 10:30am

Session 3 - Monday 31 October 9:30am - 10:30am

Session 4 - Wednesday 2 November 9:30am - 10:30am

Lansvale Public School 37-45 Chancery St CANLEY VALE NSW 2166 lansvale-p.school@det.nsw.edu.au ph 9724 5252

Lansvale Public School
Kindergarten 2023 Parent
Information Day

Wednesday 30 November 2022
9.30am - 11.00am
School Hall





Principal's Message...continued

Fairfield Principal Network Awards - 2022

Congratulations to some of our amazing staff and community who were nominated for an award in the Fairfield Principal Network Awards last week. It was great to see these people acknowledged for their passion and commitment to our school. Our Director, Educational Leader, Lisa Porter presented the awards to all recipients. Congratulations!

Parent or Community Member Award –

Hasnadia Amirah Binti Rahimi (Mother of Ana and Adam Abdul Kadir)

Administrative and Support Staff Awards –

Preschool SLSO Team - Anna Zappavigna, Bach Yen, Michelle Khattar and Theresa Ngo

Early Career Teacher Award (First 5 years of teaching) –

Miss Jenny Tran

Classroom Teacher Award –

Miss Ana Langi

Teacher in an Executive Role –

Mrs Brooke Hutchinson



Cabramatta High School – Peace Day

Macy, Crystal and Addison attended Peace Day at Cabramatta High School last week. This is an important event celebrating peace and cultural diversity. The 2022 winners of the Sydney Peace Prize, Uluru Statement from the Heart, shared their knowledge about First Nations history and many students wore traditional dress and performed cultural dances. Thank you Miss Spicer for taking the girls to such a wonderful event.



Operation Art

We have had two of our talented students selected to showcase their artwork as part of Operation Art. Congratulations to Priscilla and Justin for creating wonderful artworks.



Operation art



Priscilla 1S



Operation art



Justin 1N



Marvellous Moments with Mrs Karam

Stay tuned for the next newsletter where I will share my visit from 4 different classes.

Class 5P with Mrs Phan

Last week I had so much fun visiting Class 5P. They have been learning about different types of energy in Science and have looked at the Rube Golberg Machine. The students then worked in groups to create their own machine using items from around the classroom. It was so much fun watching the students collaborate and trial different types of energy.



Class KJ with Miss Hoang and Miss Le

I had a great time visiting KJ. The students have been working hard to improve their phonological awareness. I was able to read a story to the class and then we spent some time looking at different sounds from the text. I was very impressed with their understanding and loved how they enjoyed contributing their ideas. Well done KJ.



Have a great fortnight!

Mrs Laura Karam
Principal

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🌐 Website www.lansvale-p.schools.nsw.edu.au

Lansvale Public School



Deputy Principal's Corner

with Mrs. Hutchinson, Mrs. Chau & Mrs. Goulton



From Mrs. Hutchinson

School Counsellor & School Psychologist Recognition Day

Last week it was School Counsellor and School Psychologist Recognition Day. To celebrate our wonderful Senior School Psychologist, Nancy Nicholls, and our fabulous School Counsellor, Tracey Howard, we presented both ladies with a small gift and thank you card. Both Mrs. Nicholls and Ms. Howard work tirelessly in our school supporting the wellbeing and learning support needs of our students. We thank both ladies for all their hard work!



Books with Mrs. H.

What another busy fortnight! I was excited to finish the last classes on my visitation roster and share some great books with the students.

I had a chance to visit 6J and Miss Tran and share a book about the architect, Jorn Utzon, who designed our very own Sydney Opera House. This story is a great example of how someone who has creative and imaginative ideas can achieve great things. 'Jorn's Magnificent Imagination' is an inspiring story that I hope encouraged our Year 6 students to embrace their imagination and creativity.

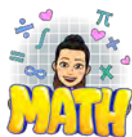
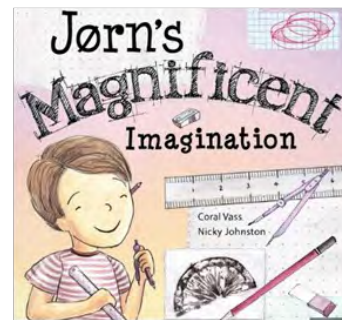


Another class I was fortunate enough to visit was 2V with Miss Vu. Here I read a great book titled 'The Odd Fish' about plastic in the ocean. The students were very interested in the text and asked some great questions. We all agreed that pollution in the ocean is not ok!



Finally, I visited our Year 5 students in 5I to share a book about the great Aboriginal Olympic gold medal winner, Cathy Freeman. This book, *'The Heartbeat of the land'*, was a brand-new text that Miss Tank had not yet accessioned to our library, so we got to take a sneaky read before everyone else! I was interested to learn that not all students had heard of Cathy Freeman, so I was happy to provide that introduction.

I still have one more class to read with over the next fortnight so if you are in Mr Brazel's Cultural Studies, I am coming for you!



From Mrs. Chau

Professional Learning with our teachers

All year, I've been doing Maths with classes across the school with our students. On Tuesday afternoon, our teachers got a bit of a taster of the games and activities our students have been doing in class. They were involved in a variety of warm ups, fluency games, whole class games, whole class problem solving and collaborative maths activities. Our teachers had a wonderful time trying to beat each other and other teams. They deepened their knowledge on how to differentiate for various mathematical abilities in the classroom, whilst having some fun! Thank you to all the teachers who came to the professional learning twilight after school.

Fabulous writers from Kindergarten

I had some students from Kindergarten who shared their fabulous writing with me. They wrote about their excursion to the farm in Week 6. I was especially impressed with their spelling choices for words they were unfamiliar with. It is amazing to see how much our Kindergarten students have grown and developed this year. When they started Kindergarten at the beginning of the year, most of our students were still learning their letters, sounds and how to write their own names. They are now writing cohesive recounts using appropriate punctuation and grammatically correct sentences. Well done to our wonderful Kindergarten students and their teachers!



From Mrs Goulton

Legends Party

We are coming up to a very exciting time in the school year- Legends Party Time!

The Legends Party will be held in Week 10, Wednesday 14th December.

Who is invited to the Legends Party?

- Students in Kindergarten who have earned 3 Legends (15 small Learners awards)
- Students in Years 1-6 who have earned 4 Learners (20 small Learners awards)

Primary students will only have until the end of this week (Week 7) to hand their Learners in. Infants have until the end of Week 8 as this will be their assembly time. Final numbers for the party will be calculated and invitations will be given to students in Week 9. More information will come about what kinds of spectacular fun the students will be having during the party. A few little clues... water and slides and perhaps a special gift from the P&C. Aren't our students so incredibly lucky!!

Keep encouraging your child/ren to do their personal best so that they can be involved in these amazing school incentives.



Lansvale Public School

"A PROUD Public School"



Weeks 7 & 8 PBL FOCUS



Be **respectful** of our school rules by staying in bounds.



Stay in bounds
to be safe and sound



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Lansvale Public School



Koori Culture Day



On Thursday 10 November, some of our Aboriginal students and their chosen buddies had a **DEADLY** time at Koori Culture Day

with Mrs Lu, Mrs Mallios, Mrs An and Ms Skye.

It was a fun filled day organised by the Fairfield Local AECG with 350 students from 22 primary and high schools!



We sang and danced to Aboriginal songs, told stories, created artworks, weaved, played sports, patted scaly reptiles, enjoyed a delicious sausage sizzle lunch and most importantly, learnt about our First Nations Histories and Cultures.

We can't wait for the next one in 2024!

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Preschool Newsletter Week 7

Our new preschool mud kitchen

On Friday Week 6, Mrs Karam joined the preschool in the ribbon cutting of our new mud kitchen. We like to thank parents for all the kitchen resources that have been donated for our children to play with in our mud kitchen. The children used their imagination, creativity and social skills to create 'soup', 'cupcakes' and 'pasta' out of the mud, old leaves and flowers, frozen fruit skins and sticks. A wonderful addition to our outdoor play area!



Preschool Red Buddies

The Monday/Tuesday preschool children had the opportunity to play with their buddy one last time before the year finished. The growth throughout the year with their buddies allowed the children to build on their relationship and communication skills, supporting new discoveries and connections with their buddies as role models.



Reminders:

Preschool Concert

The preschool children have been practising very hard on their dance moves to showcase in their end of year concert in week 10. Just a reminder the concert will be held on two different days for each group.

Tuesday 13th December (**Monday/Tuesday Group**)

Thursday 15th December (**Wednesday - Friday Group**)

We hope to see you all there!

Fun Day Notes

Fun Day notes are displayed next to the sign on sheet. Fun Day will be held on Wednesday 7th December (Week 9). Everyone is invited to attend Fun Day from both preschool groups even though it may not be your child's day at preschool. If you wish for your child to attend Fun Day, parents must pick up their child from preschool and take them to the big school. All notes must be returned to the office by Friday 2nd December.

Library Books - Please return all library books, if you have not done so already.



Kindergarten excursion to



Calmsley Hill City Farm

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On Monday I went to the farm with my friends in KN. First we saw a big tractor and then we went on the tractor! Then I saw a dog show and the dog was chasing the sheep to the gate! Finally the sheep got chased by a dog. I had the best day ever.

By Grace

On Monday I went to the farm with my teachers. First we went on the tractor and it was bumpy. Next we went to see the pony. Finally I patted a rabbit and it was cute.

By Shaneekah



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Lansvale Public School



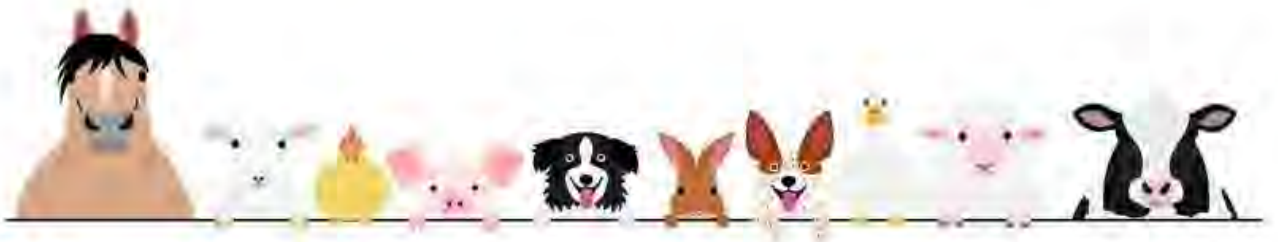
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Yesterday I went to the farm with my class. First I went on a red tractor and I saw a goat laying on the grass. Then I saw a farmer giving the sheep a hair cut. Next I patted a cute goat and I was not scared. Finally I went on the bus and when I got home I was so tired. I had a good night sleep!

By Matthew

On Monday we went to the farm. First we got on the bus with KN and KL. It was a short drive. Next we saw a dog show. Then we watched a sheep get a shave. Finally we milked the cow.

By Annie



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Public Speaking

Over Term 3 and 4 of 2022, students from Lansvale Public School have been hard at work practising their skills in Public Speaking. Miss Vasilevska and Mrs Pham conducted a school wide competition, and every student had the opportunity to share a speech about a topic of their choice. One student from each Stage was then selected to represent our school at the Public Speaking Competition Network Final.

Well Done to the Class Finalists on their presentation of their speeches:

Early Stage One

KN	KJ	KL	KH
Vincent	Madeleine	Irene	Ava

Stage One

1L	1S	1E	1N
Ivy	Luca	Avery	Matthew

2L	2W	2V	2D
Kaitlyn	Katrina	Velvet	Jasmine

Stage Two

3P	3N	3MB	3H
Kayla	Serene	Hudson	Lucas
4V	4S	4D	4N
Lachlan	Olivia	Pimnara	Katrina

Stage Three

5P	5N	5I	5J
Chelsy	Kiara	Kristina	Summer
6T	6J	6L	
Elise	Crystal	Isaac	

Congratulations to Ava (KH), Velvet (2V), Lucas (3H), Crystal (6J) who were the stage representatives selected to represent Lansvale Public School. These students competed and presented well prepared and impromptu speeches in the Fairfield Public Speaking Network Finals, at King Park Public school. All four students displayed exemplary confidence and represented Lansvale Public School with pride. They were awarded with a Certificate of Achievement.



Miss Vasilevska and Mrs Pham
Public Speaking Coordinators



FUN DAY 2022



SAUSAGE SIZZLE



SLUSHIES



FAIRY FLOSS



POPCORN



PANDAN WAFFLES



GELATO



BALLOON ANIMALS



NAIL PAINTING



HAIRSPRAY



TATTOOS



PHOTO BOOTH



SHOWBAGS



FACE PAINTING



GIANT BOWLING



P-2
TEACUP RIDE



K-6
OBSTACLE COURSE

...and SO MUCH MORE!



- PREPAID MONEY CARDS WILL BE AVAILABLE FOR PURCHASE AT THE OFFICE BEFORE FUN DAY AS WELL AS ON THE DAY!
- \$15 WRISTBANDS ALLOWING ACCESS TO THE MECHANICAL RIDES CAN ALSO BE PREPURCHASED AT THE OFFICE AS LONG AS THE PERMISSION NOTE IS SIGNED BY A PARENT.

- * **WHEN:** 7th December 2022
- * **TIME:** 11:00am – 2:00pm
- * **WHERE:** Lansvale Public School

Parents, grandparents
and younger siblings
are welcomed!



High School students are not
permitted to attend.

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Lansvale Public School

Fun Day Activities 2022

Dear Parents and Caregivers,

Our school **FUN Day** is fast approaching. **Fun Day** will be held on **Wednesday 7th December 2022** (Term 4, Week 9).

Below is a list of activities that will be running on the day with the associated cost. This will help you decide how much your child will preorder Money cards.

Food						
Slushies \$2 	Fairy Floss \$3 	Pandan Waffles \$3 	Popcorn \$2 	Gelato \$2.50 	Sausage sizzle \$3 Sausage sizzle with drink \$4 	Community Food Stall (Asian and Middle Eastern) \$5 - \$20
Activities						
Pirate Ship FREE 	Lego FREE 	Nail Painting or Decals \$2.00 	Face Painting \$2.00 - \$5.00 	Metallic Tattoos \$1 for small - \$2 for big 	Balloon Animals From 50 cents to \$1 	Show Bags (limited stock) \$ 7.00 to \$25.00
Bean Bag Toss 50 cents per turn 	Lawn Darts 50 cents a turn 	Giant Bowling 50 cents per turn 	Wooden Quoits or Ring Toss 50 cent per turn 	Flip Cup 50 cents a turn 	Mask Making & Bottle Decorating Masks \$1 each Bottles \$2 	Hair Spray \$1.00
Plinko 50 cents a turn \$1 for 3 turns 	Giant Bucket Toss 50 cents per turn 	Guessing Jar 50 cents a guess 	Throw a sponge at the teacher 50 cents a turn 	Photo Booth \$2 per photo 50 cents extra copies 		

Rides with WRISTBAND ONLY

K-6 Obstacle Course



Preschool – 2 Teacup Ride



3 – 6 Windjammer Ride



Activities FREE with a WRISTBAND

- Plinko
- Flip Cup
- Bean Bag Toss
- Giant Bucket Toss

- Giant Bowling
- Wooden Quoits
- Ring Toss
- Lawn Darts



@Lansvale Community Centre



Rose Raslan
School as Community Centre Facilitator

Supported Playgroup

Supported Playgroups create new opportunities for children to learn, and become more actively engaged through play and creativity. Children become more confident and positive through their involvement in supported playgroups.



Come along and join our playgroups for a fun interactive learning morning. If you have children aged 0 to 5 years old and would like to participate in our supported playgroups please come and see Rose Raslan at the front office or you can call on 9724 5252. To ensure safety of all students, parents and staff follow Covid safe guidelines.

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Play and learn

Play is a child's 'work'. It promotes learning, development, growth and health. Movement skills, thinking skills, language, social interaction and emotional development all happen best when your child is actively involved in an activity in when they are having fun and when they are playing!



What does this teach my child?

Babies

Young babies respond actively to people. They watch faces, listen to voices, smile and make sounds. Later they discover objects to shake, drop, suck, bang, roll and crawl after. Their play centres around you: watching what you do; listening to familiar songs and rhymes; enjoying tickling games; looking at picture books with you; climbing over you; imitating sounds and words; clapping and waving bye-bye.



Toddlers

Toddlers become more interested in playing with 'things' – push/pull along toys, blocks, hammering toys, sit and ride toys, early puzzles, and sand and water. They gradually become a little more secure – playing further away from you, but still with you in sight. They will enjoy talking about play – 'all gone', 'more cars', 'big ball'. Most toddlers do not share well.

Young children

By three and four years, children enjoy pretending, that things are something else and that they are someone else, like a crocodile, a plane, a fireman or a shopkeeper! With practice, they will learn to play socially – initially alongside others, sharing with others and gradually in cooperation with others to plan and make up all kinds of games. They will move more confidently – enjoying challenges such as: bikes, playgrounds and ball games.

WHAT YOU CAN DO

- ✓ Be involved! You are the best plaything (toy) that your child can have. Take the time to just be with your child.
- ✓ Find a local community centre and join in the free activities they offer. Community centres are a great way for you to meet other parents and for your child to get to know other children.
- ✓ Join a local playgroup. Playgroups are also a good way for you to meet other parents and for your child to get to know other children.
- ✓ Join your local toy library – a good way for you to try out different toys.
- ✓ Turn the television OFF. Have it on only for programmes that you really want to watch or for things you want your child to watch. Having the TV on will distract you and your child from really getting into play activities together.

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HOW TO PROMOTE PLAY

Play with your child: Get on the floor, in the sand pit or on the grass with your child.

Provide good play spaces for your child: Put dangerous, precious or fragile objects out of reach. Make sure that the play spaces are where you are – children like to play close to you – so make the kitchen, bathroom or lounge room safe and easy places to play.

Create play spaces that are easy to clean up: Avoid situations where you and your child are feeling stressed or anxious about making a mess during play. It's easy when you have tables that are easily wiped, floors that are easily cleaned and furniture that can be clambered upon.

Follow your child's lead during play: Let your child make choices about how things are to be done – let them become actively involved.

Reassure your child that mistakes are OK: Play is not about being perfect. Your child will be confident to try new things and 'have a go' at tricky things if they feel secure that you don't need them to get it right all the time.

Allow for repetition: Your child will master things if allowed to do them over and over again.

Allow time to play: Don't rush your child, but do recognise when they have had enough and need a rest or a change.



Developed by Bankstown Australian Early Development Index Working Group 2014. Photographed by Calvin Galang, Paris Mendolo and Mark Wozniakski. For more information go to www.recountingparade.nsw.gov.au

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Lansvale Public School



Chơi và học

Chơi là 'công việc' của một đứa trẻ. Chơi sẽ thúc đẩy việc học tập, phát triển, sức khỏe và tăng trưởng. Khi trẻ tích cực tham gia vào một hoạt động - khi chúng đang vui vẻ - khi chúng đang chơi kỹ năng vận động thì kỹ năng tư duy, ngôn ngữ, sự phát triển cảm xúc và giao tiếp xã hội, tất cả sẽ xảy ra theo cách tốt nhất!



Việc này dạy cho con tôi những gì?

Trẻ sơ sinh

Trẻ sơ sinh phản ứng tích cực với mọi người. Chúng nhìn các khuôn mặt, lắng nghe tiếng nói, nu cười và tạo ra các âm thanh. Sau đó chúng phát hiện ra các đồ vật để lắc, thả, mút, đập, cuộn và bỏ theo. Bạn sẽ là trung tâm của trò chơi của chúng: chúng sẽ xem bạn làm, nghe những bài hát và giai điệu quen thuộc, thích thú với trò chơi cù kỳ, xem truyện tranh với bạn, trèo lên người bạn, bắt chước các âm thanh và lời nói, vỗ tay và vẫy tay chào.



Trẻ nhỏ

Từ ba và bốn tuổi, trẻ em thích trò chơi giả vờ: giả làm cá sấu, máy bay, lính cứu hỏa hoặc một nhân viên bán hàng! Tập làm như vậy, trẻ sẽ học để chơi trong một xã hội - bạn đầu cùng với những đứa trẻ khác, chia sẻ với chúng và dần dần biết hợp tác với những đứa trẻ khác để lập kế hoạch và thực hiện tất cả các trò chơi. Chúng sẽ đi chuyển một cách tự tin hơn - thích thú với thách thức như xe đạp, sân chơi và các trò chơi với bóng.

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Trẻ mới biết đi

Trẻ mới biết đi sẽ quan tâm hơn đến việc chơi cùng đồ vật - kéo/dắt đồ chơi, các khối hình, cảm đồ chơi đập, ngồi và cưỡi lên đồ chơi, các cầu đồ đơn giản, cát và nước. Chúng dần dần cảm thấy an toàn hơn - và sẽ tách xa bạn hơn, nhưng vẫn trong tầm nhìn. Trẻ sẽ thích nói chuyện về trò chơi - 'hết rồi', 'thêm xe', 'bóng bự'. Hầu hết trẻ ở tuổi này chưa biết chia sẻ.

NHỮNG VIỆC BẠN CÓ THỂ LÀM

- ✓ Hãy tham gia! Bạn là món đồ tốt nhất (đồ chơi) mà con bạn có thể có. Hãy dành thời gian chỉ để chơi với con của bạn.
- ✓ Tìm một trung tâm cộng đồng ở địa phương và tham gia vào các hoạt động miễn phí mà họ cung cấp. Trung tâm cộng đồng là cách tuyệt vời để bạn gặp gỡ các phụ huynh khác và để trẻ làm quen với nhau.
- ✓ Tham gia vào một nhóm chơi. Nhóm chơi cũng là một cách tốt để bạn gặp gỡ các phụ huynh khác và cho con của bạn để làm quen với những đứa trẻ khác.
- ✓ Tham gia thư viện đồ chơi ở địa phương - một cách tốt để bạn có thể chơi thử các loại đồ chơi khác nhau.
- ✓ Hãy tắt TV. Chỉ bật lên để xem các chương trình mà bạn thực sự muốn xem hoặc bạn muốn con bạn xem. Mò TV sẽ làm bạn và con bạn phân tâm khỏi các trò chơi hoạt động cùng nhau.

CÁCH THỨC ĐẨY CÁC TRÒ CHƠI

Hãy chơi với con của bạn: bỏ trên sân, trong hồ cát hoặc trên cỏ cùng với con của bạn.

Cung cấp không gian chơi tốt cho trẻ: Bỏ các vật nguy hiểm, quý, hoặc dễ vỡ ngoài tầm với của trẻ. Hãy chắc chắn rằng không gian chơi ở ngay chỗ bạn - trẻ em thích chơi gần bên bạn - vì vậy hãy làm cho nhà bếp, phòng tắm hoặc phòng khách trở thành nơi an toàn và để chơi.

Create play spaces that are easy to clean up: Avoid situations where you and your child are feeling stressed or anxious about making a mess during play. It's easy when you have tables that are easily wiped, floors that are easily cleaned and furniture that can be clambered upon.

Hãy tuân theo sự dẫn dắt của trẻ trong khi chơi: Hãy tuân theo sự dẫn dắt của trẻ trong khi chơi. Hãy để con bạn quyết định cách thực hiện - để chúng tham gia một cách tích cực.

Trấn an trẻ rằng chúng có thể mắc sai lầm: Trò chơi không phải là để hoàn hảo. Con của bạn sẽ tự tin khi thử những điều mới và có tâm lý thoải mái khi thực hiện những việc phức tạp nếu chúng cảm thấy an toàn và bạn không cần chúng phải luôn luôn làm đúng.

Cho phép lặp lại: con bạn sẽ nắm vững mọi việc nếu được phép làm lại nhiều lần.

Mở rộng thời gian chơi: đừng hỏi thúc con của bạn, nhưng cần nhận ra khi nào là đủ và khi nào cần nghỉ ngơi hoặc thay đổi.



Developed by Bankstown Australian Early Development Index Working Group 2014. Photographed by Calvin Galang, Paris Mondolo and Mark Wyszczaski. For more information go to www.recoordinatingnsw.com.au

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Lansvale Public School



العب وتعلم

العب هو عمل الطفل . إنه يسهل التعلم والتطور والنمو والصحة . مهارات الحركات . ومهارات التفكير واللغة والتفاعل الاجتماعي والنمو العاطفي كل ذلك يحصل بشكل أفضل عندما يكون الطفل منغمساً في نشاط - يشعر فيه بالمتعة - عندما يلعب .



ما يمكنك عمله

- ✓ شارك ! أنت أفضل شيء للعب (العب) يمكن أن يحصل عليها مطلقاً . خصص وقتاً تكون مع طفلك .
- ✓ جدد المركز الاجتماعي المحلي واشترك في أنشطة الترفيهية التي يقدمها . إن المراكز الاجتماعية وسيلة جيدة للقاء أبناء المهنات الأخرى والتي تعرف طفلك على الأطفال الآخرين .
- ✓ اشترك في مجموعة لعب محلية . مجموعات اللعب هي أيضاً وسيلة جيدة للقاء أبناء المهنات الأخرى والتي تعرف طفلك على أطفال آخرين .
- ✓ اشترك في أنشطة الألعاب المحلية - وهي وسيلة جيدة لكي تجرب ألعاباً مختلفة .
- ✓ اوقف التلفزيون . واقمعه على البرامج التي تثير حفا مشاهديها أو على الأشياء التي تريد أن يشاهدها طفلك . قراءات التلفزيون يثبط البرامج سيصرف انتباهك وإلهاء طفلك عن التفكير على نشاطات اللعب مع بعضكم .

ماذا يعلم ذلك طفلي؟

الأطفال الرضع

يستجيب الأطفال الرضع بنشاط للآخرين . إنهم يراقبون الوجه ويسمعون إلى الأصوات ويستمتعون بمشاهدة أصواتهم . بعد ذلك يكتشفون أشياء لهمزج و ريمها ومصها والضرب عليها وتذوقها والحدو خلفها . إن مراكز لعبهم حرك : يراقبون ما تفعل يسمعون للأصوات والأصوات ويحبون الدغدغة وينظرون إلى الصور والكلمات ويستمعون عليك ويقلدون الأصوات والكلمات ويسمعون ويلعبون بأيديهم عند المدفوعة .

الأطفال الذين بدأوا المشي

يصبح الأطفال الذين بدأوا المشي مهتمين باللعب بالأشياء - مثل دفع ومسح اللعب والقطع الخشبية - الضرب بالمطرقة على اللعب والجوارس وركوب الألعاب والألعاب الأولية والرمل والماء . ثم يصبحون تدريجياً أكثر إلماماً باللعب بعيداً عنك ولكن على مدى منك . يسجد الأطفال متعة بالحديث عن اللعب - "اختفوا كلهم" أو "مزيداً من السيارات" أو "حلبة كبيرة" . لا يجيد معظم الأطفال المبتدئين المشي تقاسم اللعب بشكل جيد .

الأولاد الصغار

مع بلوغ ثلاث أو أربع سنوات يجد الأطفال متعة بالظواهر : أي إن الأشياء تسبح أشياء أخرى ولهم أشخاص آخرون مثل تسامح أو طرفة أو رجل إطفاء أو بقل أ وينتقمون من تعلمون كيف يلعبون اجتماعياً - في البداية يجلب الآخرين وينتقمون مع الآخرين وتدرجياً يتعاونون مع الآخرين لتخطيط وعمل كل أنواع الألعاب . وينتقمون بقوة أكبر - يجنون متعة بالتحدي مثل ركوب الدراجات والملاهي وألعاب الكرة .



familiesnsw
supporting families to raise children

كيف تشجع اللعب

إتبع مع طفلك . اجلس على الأرض أو في حفرة الرمل أو على العشب مع طفلك .

وفر مساحة لعب جيدة لطفلك : ضع الأشياء الخطرة أو الممثلة أو القابلة للتكسير بعيداً عن متناول يده . تأكد بأن يكون مكان اللعب حيث تكون - يحب الأطفال اللعب بالقرب منك - لذلك اجعل المبلع والحمام أو الصالون مكاناً آمناً وسهلاً للعب .

وفر أمثلة للعب تكون سهلة التنظيف : لتجنب حالات تكون فيها أنت وممتلكاتك تشعرون بالقلق والخضط حول ما تتركه من فوضى أثناء اللعب . إنه من السهل عندما تكون المملوكات سهلة المسح وإرضى لفرصة سهلة التنظيف والأثاث الذي يمكن التنازل عليه .

إتبع خطوات طفلك عند اللعب : دعه مطلقاً يصنع خياراته حول كيفية عمل الأشياء - دعه يكون مشاركاً بنشاط .

أكد لطفلك بأن الخطأ مقبول : ليس من شروط اللعب أن تكون كاملاً . سيكون مطلقاً وأنما يجرب أشياء جديدة " دعه يحاول التعامل مع الأشياء الصعبة إذا كان يشعر بالامان وأنه لا تتدخل معهم أن يكون ما يجربونه يعطي النتيجة المرجوة كل الوقت .

إسبح بالتكرار : سيتمكن طفلك من إتقان الأمور إذا سمح له بأن يقوم بها المرة تلو الأخرى .

إعطه وقتاً للعب : لا تطلب من طفلك الإستمرار ولكن عليك أن تلاحظ متى لعب بما فيه الكفاية وأنه يحتاج للراحة أو التغيير .



Developed by Bankstown Australian Early Development Index Working Group 2014. Photographed by Calvin Galang, Paris Mardole and Mark Wozniakski. For more information go to www.resourcesparentingnsw.gov.au

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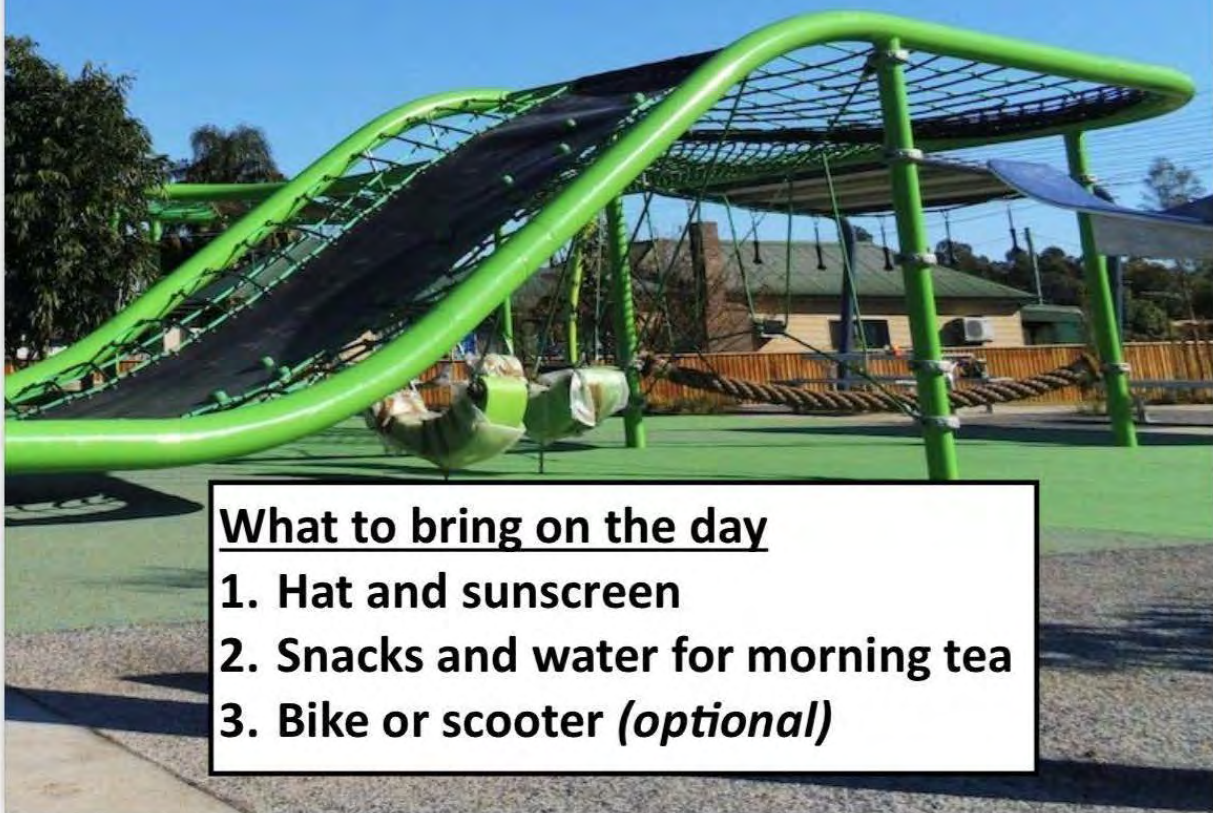
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Lansvale Public School



PLAYGROUP PICNIC DAY
Tuesday 29th November 2022
at
Koonoona Park
1 Karella Ave, Villawood NSW 2163
Time: 9:15am to 12pm



What to bring on the day

- 1. Hat and sunscreen**
- 2. Snacks and water for morning tea**
- 3. Bike or scooter (*optional*)**

Parenting Workshops



First Aid at Home Parent Workshop

Thank you to Wayne Phillips from NSW Health for presenting a fabulous first aid parent workshop.

First aid training gives parents the confidence and ability to react immediately to an incident, injury or illness. Many lives have been saved due to the fast reaction of parents.

Please keep your eyes out for the next NSW Health Parent Workshop in Term 1, 2023.



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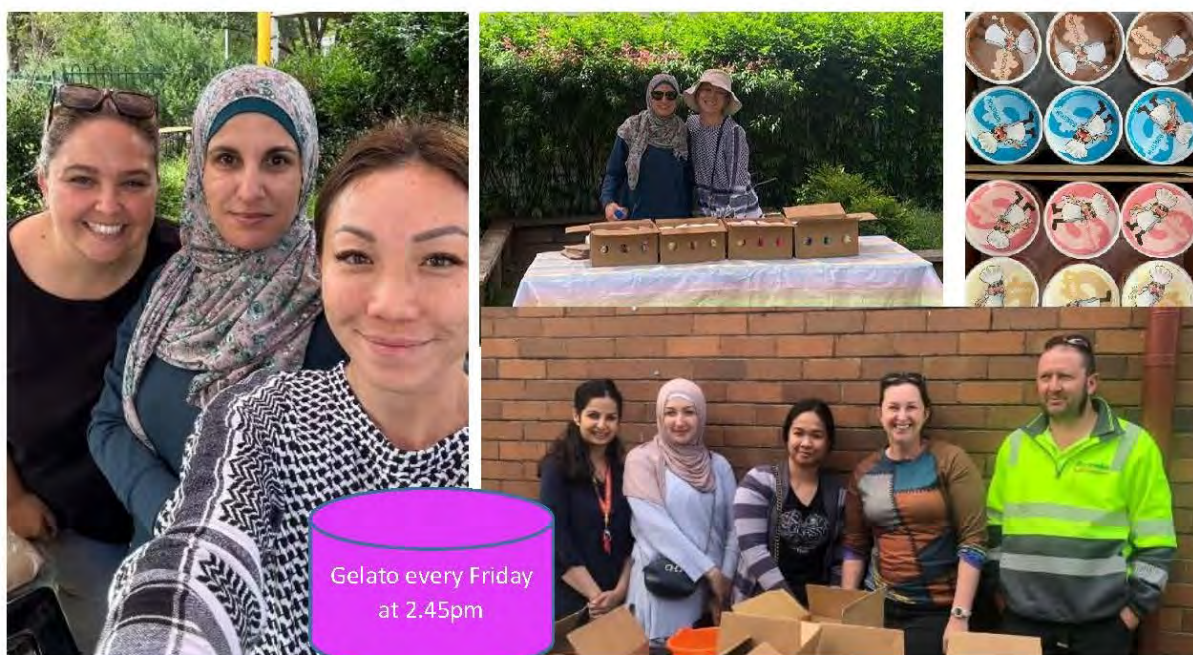
 Website www.lansvale-p.schools.nsw.edu.au

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Parent Workshop - How to encourage and stimulate early language in children 1-5



P&C Parent Participation



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Lansvale Public School

LANSVALE PS COMMUNITY

Donate *this* Christmas



Accepting Donation Until
Friday, 9th December



This year we are doing something different to help young children in need. We are accepting donations of new toys. Please drop off unwrapped toys to the office.

All donated toys will be given to charity.

Drop-off Location:

Front office - Christmas Tree

THANK YOU - P&C

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External Agency Support



City of Fairfield RSL Youth Club Jazz, Tap, Ballet and Hip Hop

ENROL NOW FOR 2023

Only \$5 per lesson

Fairfield RSL Youth Club Jazz Tap Ballet and Hip Hop has been established for over 30 years and offers classes in Jazz, Tap, Ballet, Hip Hop, Contemporary, Fitness and more.

Classes are available for children from 3 years and up through to adults.

When: Classes are run on Saturdays from 9am and Mondays from 4pm

Venue: Galton Hall, Fairfield RSL Youth Club Hall, Bertha Street Fairfield (adjacent to the multi-level parking)

To enrol or ask for more details:

- email us on frsldance@gmail.com
- visit us in the Galton Hall on Saturday 19/11 or 26/11 between 9am and 12o'clock or Monday 21/11 on 28/11 between 4pm and 7pm

Go4FUN[®]

HEALTHY ACTIVE HAPPY KIDS



GO4FUN FOR FAMILIES

Go4Fun is healthy lifestyle program for kids aged 7-13 above a healthy weight.

At Go4Fun kids and parents learn about healthy eating and physical activity using fun-up-beat activities and games.

Go4Fun also helps build self-esteem and confidence in an encouraging and supportive environment.

Go4Fun runs after school during the school term for 10 weeks.

ACTIVITIES AT GO4FUN

GAMES & FUN ACTIVITIES

BEING AN ACTIVE FAMILY

LEARNING DIFFERENT
FOODS & INGREDIENTS

UNDERSTANDING FOOD
FEELINGS AND TRIGGERS

BEING A FOOD 'DETECTIVE' AT THE
SUPERMARKET TOUR

WHAT HAPPENS AT GO4FUN?

HOUR

1

PARENTS & KIDS TOGETHER:
NUTRITION AND MIND
THEORY SESSION

SCAN ME



PARENTS DO:
NUTRITION & FAMILY
LIFESTYLE
CHAT SESSIONS

HOUR

2

KIDS DO:
FUN PHYSICAL
ACTIVITY & GAMES
SESSIONS

CALL US ON 1800 780 900
OR visit www.Go4Fun.com.au

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GO4FUN™

HEALTHY ACTIVE HAPPY KIDS



WHY SHOULD KIDS DO GO4FUN?

The program aims to improve the health of the child through the development of healthy lifestyle behaviours, as well as educating and positively effecting kid's attitude to food and physical activity.

The program includes:

- Nutritional information on food serving sizes and label reading
- Support and advice talking about weight and role modelling
- Personal improvement on physical activity and self-esteem
- Fun games incorporating fitness, movement skills and team building.

BENEFITS OF GO4FUN?

- Builds self-esteem and confidence
- Improves sporting skills and fitness
- Builds team work and communication skills
- Balanced diet helping learning and mood
- A healthier child!

HOW DOES GO4FUN WORK?

Research has shown that Go4Fun can help:

- Children reach a healthier weight
- Increase time spent being active
- Improve fitness and help raise self-esteem

WHAT IS ABOVE HEALTHY WEIGHT?

Approximately 1 in 4* (27) of children in NSW are overweight or obese. Kids who could be above healthy weight include those that:

- Wear clothes sizes for an older age group
- spend over two hours watching television
- Are physically active for less than one hour per day
- Eat unbalanced meals, large portion sizes or more than one unhealthy snack per day.

*NSW Ministry of Health, The Health of Children and Young people in NSW, Report of the Chief Health Officer 2014

WHERE?

Held in sports and community centres, as well as schools in most council areas of NSW.

WHEN?

Run after school in school term (10 weeks), usually starting at 4:00pm, 4:30pm or 5:00pm

COST?

FREE. Kids get a free t-shirt, drawstring bag, bouncy ball, water bottle and info folder.

CALL US ON 1800 780 900
OR visit www.Go4Fun.com.au

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Lansvale Public School

JOIN BEST START'S EARLY CHILDHOOD TRAINEESHIP PROGRAM

and take your first step towards a rewarding career!

We are offering a fantastic opportunity to work with experienced professionals while gaining your qualifications to attain a Certificate III or Diploma in Early Childhood Education and Care.

Come along to our traineeship information session to learn more and hear from current trainees and educators. Team activities and individual questions will commence once the information session is finished. Traineeships will commence in January 2023.

Fairfield City Council, Administration Centre
86 Avoca Road, Wakeley 2176

**WEDNESDAY
23 NOVEMBER
2022,
4PM-6PM**



Register at cfs@fairfieldcity.nsw.gov.au or call 9725 0167 for more information.



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