



# Week 7 TAKE A BREAK THURSDAY: PRIMARY GRID



### Rainbow Treasure Hunt

Search around the house for items that represent each colour of the rainbow.



### Clouds

Lie on the ground and look at the clouds. Do they look like pictures or patterns? You could draw a picture of them



### Helping Hands

Help a family member around the house. You could help make lunch or dinner, clean or wash up.



### Soaring High

Make a paper aeroplane and see how far you can fly it.



### Cubby House

Build a cubby house and sleep inside. You could use chairs, pillows and blankets.



### Board Game

Play your favourite board game



### Pet rocks

Find some rocks and decorate them.



### Window Frame

Draw a window frame, make sure it fills the page. Use your imagination to draw something you might see when you look through the window. This could be a tree, a scary monster, a bug or a friend.



### A - Z Scavenger Hunt

Can you find something in your house / garden that begins with each letter of the alphabet?



### Dance!

Put on your favourite music and have a disco.



### Just Breathe

Lie down and breathe slowly, count each breath in and out. You could place a toy/stuffed animal on your tummy and take slow breaths, in through the nose and out through the mouth.



### Upcycle

Use items from your recycling to build something. You could build a house, musical instrument, city or robot.



### Nature Art / Land Art

Make a picture using leaves, sticks, flowers, stones (anything you find outside). You may make this on the ground or stick it on paper.



### Win against Time

Set a timer on a phone or a watch for 1 minute. Sit in a quiet room with your eyes closed. Try to open your eyes one second before the timer goes off. No peeking! Can you do it for 2 minutes?

*HINT: Try counting*



### Leaf Artwork

Go outside. Collect a few fallen leaves and twigs. Take them inside and lay them on a piece of paper. What shapes do you see? Use the leaves and twigs to create an image of an animal.



### Magnets

Grab a magnet off of your refrigerator. Walk around your home and predict which items the magnet will stick to. Make a table tell a family member any patterns you observed.



### Finger Puppets

Create finger puppets for you and your family members. Then, as a family, create a silly story to act out using your puppets.



### Book and Star Jumps

Read a book of your choice and do 5 star jumps every time you read the word 'and'.



### Shape Search

Go on a Shape Search and look around your home to see how many 2D and 3D shapes you can find. Record how many you find on a piece of paper.



### Song

Write a song or rap to describe what it is like learning at home. Be sure to add in as many descriptive adjectives as you can.



### Thank You

Write a thank you note to someone in your home. Make sure you explain how they have helped you with your learning at home experience.



### Circle Time

Draw 20 circles. How many ways can you turn a circle into something else? e.g. a pizza, ball, cake, wheel, moon.



### Glass Xylophones

Fill 4 glasses with different amounts of water. Tap each glass (gently!) with a spoon or chopstick. Do you hear different sounds? Can you make a tune?



### Eye spy

Go for a walk outside with your family and play "Eye spy".





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### Read to an audience

Read your favourite book to your toys or your pet.



### Castle Card

Try to build a castle of out a deck of cards



### Object Hunt

Play with a sibling or family. Hide an object around the house and ask your sibling or family to find it. Give them clues. If they are close say it's getting warmer if they are far away say it's getting colder.



### Clothes Art

Create an artwork using your clothes!



### Water your garden

Water some of your plants and flowers outside



### Cooking Time

Help your parents prepare a meal.



### Card game

Play card games with your family or siblings  
E.g. Snap, Go fish, UNO



### News Reporter

Pretend that you are a news reporter. Create some questions you would like to ask about your family members and conduct an interview.



### Reading Wishlist

Reading wish list. Make a list of all the books you would like to read.



### Myself

List 10 things that you really like about yourself.



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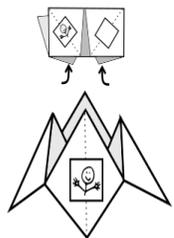
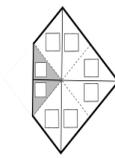
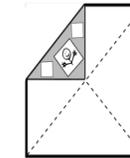
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### Make your own chatterbox

1. Fold the square paper corner to corner. Open the paper to see folds.
2. Fold corners back to the middle of the folds.
3. Turn the paper over. Fold the corners back to the middle of the folds.
4. Place your fingers under the tabs.



### Create your own dance

Choose some music to listen to and make up your own dance to it.



### Line Artwork

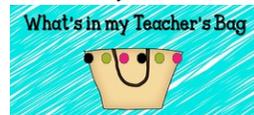
Get a piece of paper, a ruler and a pencil. Use the ruler to draw straight lines from one edge of the page to the other. Draw lines in all directions. Decorate each shape with a pattern and colour them in.



### My Teacher

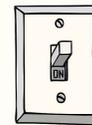
What's in my teacher's bag?

Make inferences about what is in their bag based on what you know about your teacher. Draw and label all the items in your teacher's bag.



### Light Switch

Count all the light switches in your house. How many are on and how many are off?



### Yoga Poses

Jog on the spot to warm up for 5 minutes. Choose one of the yoga poses and see if you can hold it for 60 seconds. Repeat with 10 other poses.



