



Term 4 Week 3 TAKE A BREAK THURSDAY: PRIMARY GRID



Read and Relax

Read your favourite book in bed or somewhere comfy.



Neat and Tidy

Tidy or reorganise your bedroom or desk.



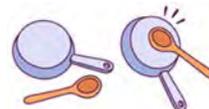
Get Creative!

Use paper, crafts, pens, pencils and draw or create something! The sky's the limit - show off your creative talent!



Create a beat

Find items in the kitchen to make your own tune. You might like to add words to your tune.



My Talents

Draw a BIG star and record down everything you are good at e.g. dancing, riding a bike etc..



Thank You

Write a thank you note to your teacher when we return.



My surroundings

Lay down for 2 minutes without talking or moving. Think about what you notice? What can you hear, see and smell?



I Can Fly

Pretend that you can fly like these for 30 seconds each. Bird, Butterfly, Rocket, Aeroplane, Kite, Bee, Hot Air Balloon and helicopter



Shadow Puppets

Put on a shadow puppet show using a torch. You could do this with a sibling as well.



Reading fort

Build a reading fort using sheets or blankets in your house. Bring in your toys and read or play there



Get building!

Using cards, blocks, toys or lego or something else, create or build something. Let your imagination run wild.



Breathe

Sit down and set a timer for 1 minute. Count how many times you breathe in and out in 1 minute.



Million Dollars

Write a short paragraph to the following question: If you won a million dollars. What would be the very FIRST thing you buy? Explain why.



Disco Playlist

Make a playlist of appropriate songs that you would like to see played at LPS. Ensure you create a list of 6 - 10 songs.



Picnic

Have a picnic with your family or your toys outside in the backyard. Take time to sit outside and reflect on the week with your family. Share some funny stories too.



Helping Hands

Help a family member around the house. You could help make lunch or dinner, clean or wash up.



Deserted Island

Write a short paragraph to the following question: If you were stranded on a deserted island, what THREE things would you want to take with you? Explain why.



Fitness

Do some exercise. Go on your bike, scooter or skateboard with your family.



Card game

Play card games with your family or siblings. E.g. Snap, Go fish, UNO



House Rainbow

Make a rainbow out of coloured objects in your house/garden



HAPPY

Take photos of 6 things that make you HAPPY.



Healthy Meal

Make a healthy meal for lunch or an afternoon snack.



Eyes Closed

Shut your eyes and listen for two minutes. Make a list of all the things you heard in those 2 minutes.



Water your garden

Water some of your plants and flowers outside





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Crazy hairstyle

Can you create some crazy hairstyles ?



Get sketching!

Find a photograph or picture of a person, place or object and sketch it.



Design and Imagine

If you have unlimited straw and glue what are some crazy things you can invent ?



Create your own superhero

Combine two of your favourite animals together to create a new species. What will you call it?



Clothes Art

Create an artwork using your clothes!



Get doodling!

Grab some paper and pens and doodle anything you like! Animals, aliens or something else.



Admire You!

Draw a picture of someone you look up to and admire. Like a role model. This could be a famous person, teacher, parent etc..



Flower Photos

How many different flowers can you find to take photos of? How are they all different? Which one do you like best?



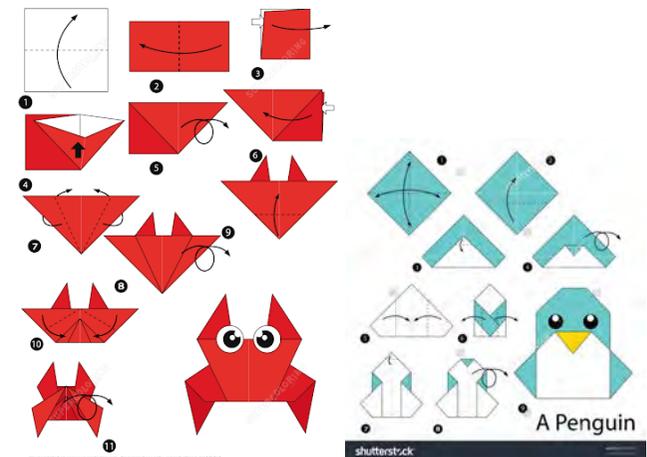
Make a card game

Design and make a homemade card game and play it with your family.



Make a origami Crab/ Penguin-

Follow the below instructions



Jokes!

Can you make up your own jokes? Tell them to someone to make them laugh



Dear Friends!

Write a letter to give to a friend when we return back to school



Plant seeds

Save a seed from something you ate and plant it in your garden. Watch it grow over weeks.



Song or rap

Create a song or rap about your favourite destination and why it is the best place to go.

